

Jagruti – Prevention of Sexual Assault
ST. JOSEPH ENGINEERING COLLEGE, VAMANJOOR


Date: 31.10.2014

Name of Programme : "SWARAKSHA OF WOMEN-A SELF DEFENSE PROGRAMME"
Date / Time : 27-10-2014, 3.30 p.m. to 5.00 p.m
Target Audience : Female Students of SJEC
Resource Persons : Martial Arts champion Mr. Karthik S Kateel
Coordinator : Ms. Bharathi Rao, Asst Professor, Dept of E&E
Venue : College Auditorium

Brief Report:

In the present day context women's safety is of great concern. Hence all women should be aware of self defense techniques. To enlighten on this subject JAGRUTHI CELL of SJEC organized "SWARAKSHA OF WOMEN-A Self Defense Programme" for the female students on 27th October 2014 from 3.30pm to 5.00p.m in the college auditorium. Martial Arts champion Mr. Karthik S Kateel volunteered to be the resource person of the programme. Mr. Karthik S Kateel taught some easy self defense techniques to prevent the advances of the opponent when one finds themselves in danger. Mrs Chitalekha Acharya-Assistant Professor, MBA department introduced the guest to the gathering. Rev Fr Rohith D Costa Assistant Director, SJEC presided over the function. Mrs Shobha Latha Kateel (Mother of Mr Karthik Kateel) and Staff representatives of the cell were present on the occasion. Around 400 female students of SJEC participated in the programme. Finally the programme concluded with the vote of thanks by Mrs Bharathi Rao, (EE Dept) Chief Co-ordinator of Jagruti cell.

Department Faculty Coordinators: Mr Vinod T (Civil Dept.), Ms Chaithra Kaushik (Civil Dept.), Mrs Jennifer Saldanha (E&C Dept.), Mr Anoop C.V (E&C Dept.), Mrs Ramya M (Mech Dept.), Mr Anil Rego (Mech Dept.), Mrs Sadhana Kumble (MCA dept), Mr Ragavendra (CS Dept), Ms Remul Pinto (IS Dept).


Ms. Bharathi Rao
Co-ordinator – Jagruti
SJEC- Mangalore.

**ST. JOSEPH ENGINEERING COLLEGE, VAMANJOOR
MANGALORE-575028**

JAGRUTHI CELL



**SELF DEFENSE PROGRAM FOR GIRL STUDENTS
27 OCT 2014, 3.30-5.00 PM, COLLEGE AUDITORIUM, BLOCK II.**

Jagruti – Prevention of Sexual Assault
ST. JOSEPH ENGINEERING COLLEGE, VAMANJOOR


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Ms. Bharathi Rao
Co-ordinator – Jagruti
SJEC- Mangalore.

ST. JOSEPH ENGINEERING COLLEGE, VAMANJOOR
MANGALORE-575028
JAGRUTHI CELL



SELF DEFENSE PROGRAM FOR GIRL STUDENTS
27 OCT 2014, 3.30-5.00 PM, COLLEGE AUDITORIUM, BLOCK II.

Jagruti – Prevention of Sexual Assault Committee
ST. JOSEPH ENGINEERING COLLEGE, VAMANJOOR

Name of Programme : Talk on 'Adolscent Health Aspects'

Date : 11-09-2015

Target Audience : SJEC Students

Resource Persons : Dr Jessy Maria D Souza, MBBS. DGO Senior Consultant in OB/GYN Dep

Coordinator : Ms. Bharathi Rao, staff coordinator Jagruti Committee

Brief Report:

Adolescent health has become a concern in present day as junk food and internet browsing is a top priority of any adolscent. To enlighten in this respect Dr Jessy Maria D Souza was invited to give an awareness talk on "Adolscent health aspects". The programme was held on 11th September 2015 in Fr. Fred memorial seminar hall between 3.30 pm to 5.00 pm.

Dr Jessy gave an insight on nutrition requirement in food. she explained that junk food are usually low in fibrous content and are rich in fat and carbohydrates which makes the concentration levels in students go low. This might affect their academic performance. She also added that regular exercise and meditation is very important for any individual to overcome stress. She explained that all successful people start their day early in the morning. Also she showed a video clipping which demonstrated how internet browsing has become habitual for teenagers and has spoilt their daily routine work.

Around 60 students participated in the programme. Ms Bharathi Rao and staff members of Jagruti committee coordinated the programme. Dr Jessy was felicitated with a college memento as a token of appreciation.

ABR:
15/9/15

JAGRUTI-PREVENTION OF SEXUAL ASSUALT COMMITTEE ST. JOSEPH ENGINEERING COLLEGE, VAMANJOOR

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Around 60 students participated in the programme. Ms Bharathi Rao and staff members of jagruthi committee coordinated the programme. Dr Jessy was felicitated with a college momento as a token of appreciation.



2) 'Women Health' held on 10th march 2015 ,3.00 pm ,in Spoorthy Conference Hall, Academic Block III.

To commemorate International Women's Day, IEEE and Jagruti cell had organized a guest talk by Dr. Caren D'Souza, M.S Dept. of General Surgery, Fr. Muller's Medical College on 'Women Health'. She stated that most of the educated working women tend to ignore the early symptoms of the diseases. She advised the faculty and students to go for regular health check up so that the diseases could be cured in the initial stages rather than diagnosing at the advanced stages. She asked the students to develop eating healthy foods to maintain good health. The programme witnessed an audience of around 100 female staff and students from all the departments.



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ST. JOSEPH ENGINEERING COLLEGE, VAMANJOOR
IEEE Chapter & Jagruti Cell

Name of Programme : Invited Talk on 'Women Health'
Date : 10-03-2015
Target Audience : All the female staff and all female students of SJEC
Resource Persons : Dr. Caren D'Souza, M.S Dept. of General Surgery, Fr. Muller's Medical College
Coordinator : Dr. Sheryl Grace Colaco, IEEE Coordinator, SJEC Chapter
Ms. Bharathi Rao, Jagruti Cell- Coordinator, SJEC
Mr. Rolen Rodrigues, E&E Department

Brief Report:

To commemorate International Women's Day, IEEE and Jagruti cell had organized a guest talk by Dr. Caren D'Souza, M.S Dept. of General Surgery, Fr. Muller's Medical College on 'Women Health'. The surgeon initiated her talk by interacting with the students by asking the question What is a Healthy Woman?.

In her presentation she conversed about various common diseases prevalent among women these days. She stated that most of the educated working women tend to ignore the early symptoms of the diseases. She advised the faculty and students to go for regular health check up so that the diseases could be cured in the initial stages rather than diagnosing at the advanced stages. She asked the students to develop eating healthy foods to maintain good health.

The programme was conducted for all the female staff and students of SJEC. The programme witnessed an audience of around 100 people from all the departments.

Ms. Ruth Rodrigues, student of ISE compeered the programme and Ms. Jasmine Rego, student of ISE florally Welcomed the surgeon.

Dr. Sheryl Grace Colaco
IEEE-Coordinator
SJEC-Chapter

Ms. Bharathi Rao
Jagruthi Cell- Coordinator
SJEC

Mr. Rolen Rodrigues
Coordinator

Jagruti – Prevention of Sexual Assault Committee
ST. JOSEPH ENGINEERING COLLEGE, VAMANJOOR

Name of Programme : Talk on 'Women in Engineering'
Date : 10-03-2016
Target Audience : SJEC female Students and Staff
Resource Persons : Ms Malini G Nayak, Manager (BFU),
Kudremukh Iron Ore Company Limited-Mangaluru.
Coordinator : Ms. Bharathi Rao, Jagruthi Cell Coordinator and Dr . Sheryl Grace Colaco, IEEE
Coordinator

Brief Report :

To commemorate International Womens day, Jagruthi cell & IEEE student branch of SJEC organised a motivational talk on 10th March 2016 on the topic "Women in Engineering" by Ms Malini G Nayak, Manager (BFU), Kudremukh Iron Ore Company Limited-Mangaluru.

Ms. Nayak started off her talk by throwing series of question to the audience like What is Engineering? What are the qualities an engineer should possess to suite Industry requirements? Ms. Nayak stated that Engineering is an essence of solving problems, team work and taking quick decisions to overcome a problem. In her speech she reflected on how the transition has taken place over the years on women pursuing engineering education from none to more and more. She opined that still Women Engineers Working in Public Sectors is very few and still male dominated due to the wrong perception that women are weak. But off late notions is changing as women have proved their capabilities may be in terms of technological skills or managerial roles. She advised that Women should inculcate confidence and take bold decisions regarding their lives without compromising on ethical and moral values. She said that success mantra for a woman to become leader in any field lies in taking her male counterparts in to confidence and ability to work along with men as a team.

Ms. Nayak also presented PPT slides on the manufacturing process of pig iron in KIOCL Company. She also discussed operation of the Blast Furnace Unit (BFU) through pictures.

A total of 100 female students and faculty attended the programme. Ms Malini Nayak was felicitated with a college memento as a token of appreciation.

Dr. Sheryl Grace Colaco, IEEE coordinator and Ms. Bharathi Rao, Jagruthi Cell coordinator convened the programme. Ms Ashra and Ms Rithika from 3rd year E&E compered the programme.



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JAGRUTI - PREVENTION OF SEXUAL ASSAULT COMMITTEE
ST JOSEPH ENGINEERING COLLEGE, MANGALURU-575028

Name of Programme : A Talk on "An Awareness Programme for Youngsters on Crime in Society"
Date & Time : 26-10-2017, 3:00PM
Target Audience : SJEC Students
Resource Persons : Ms Usha Mohan, Director, Bango Trust, Bengaluru
Brief Report:

It is not by chance, it is by the choices we make, that our future unfolds. This was the message that came through at the half day interactive session conducted by Jagruti Committee, SJEC on An Awareness Programme for Youngsters on Crime in Society, held at Spoorthi Hall on 26th October 2017. Over 100 students from Engineering, Master of Computer Applications and Master of Business Administration disciplines, learned about the importance of taking personal responsibility for choices and the consequences of poor choices, at the end of the programme.

The Programme started at 3:00 PM. Ms Olivia Sequeira, Asst. Professor, Department of Physics was the Master of Ceremony of the function. Ms. Chaithra U R, Asst. Professor Dept. of ECE gave a Welcome Speech. Without any further delay, the speaker of the session Ms Usha Mohan started engaging the audience. Ms Usha Mohan enlightened the importance of creating awareness on crime, for youngsters.

The speaker showed her concern on youngsters falling into crime. Youngsters are a sensitive and tender group and need to be dealt with better care and protection. They need time and need to be talked out with the help of love and care. It does not guarantee that no offending by youth will be considered or committed but reduces the risk to a minimal level.



A handwritten signature in blue ink, consisting of a stylized initial 'P.' followed by a long, sweeping horizontal line that extends to the right.

JAGRUTI - PREVENTION OF SEXUAL ASSAULT COMMITTEE

ST JOSEPH ENGINEERING COLLEGE, MANGALURU-575028

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Giving examples of the Bengaluru school girl's sexual abuse and other such crime incidents, Ms Usha Mohan tried to narrate the audience to stand and create awareness in crimes against women and children.

The speaker described various crime incidents which really left the audience in an ambient mode.

The speaker tried to inform audience, to examine the differences between joking and harassment while helping students identify the effects of each on a victim. She emphasizes on strategies on how to handle harassment and the importance of bystanders.

Ms Usha Mohan also gave a focus on Cyber bullying. i.e., Increasingly, adolescents bully and harass others via computers and cell phones. She emphasizes the importance of a code of conduct as well as the concept of victim empathy in curtailing the rampant abuse by electronic media.

The speaker also directed, to the use of digital technology and how students can protect themselves and their information while using the Internet with a computer, phone, or gaming system. She also addressed social networking and the risks involved in using social media.

She also focused a discussion on sexual harassment and gave an awareness on to identify personal safety resources and skills. The speaker also insisted an individual in identifying methods of reducing their risk of becoming a sexual assault victim. Ms Usha Mohan also suggested that there are available apps and it allows the victim to press an emergency button in mobile phones so that seeking assistance in case of an emergency is easier which, she claimed, is a big step in ensuring security of women.

The speaker gave an exposure on party drugs, sexual assault, the use of alcohol, its effects and use as a weapon, and the use of pharmaceuticals as a means to commit sexual assault. She also discussed prevention methods and skills.



The speaker showed her concern on youngsters falling into crime. Youngsters are a sensitive and tender group and need to be dealt with better care and protection. They need time and need to be talked out with the help of love and care. It does not guarantee that no offending by youth will be considered or committed but reduces the risk to a minimal level.

She said that Stringent law enforcement, better judiciary setup can discourage youngsters from committing such crimes but why wait for others to better your world when you, yourself can take a step more and stop it from being. At the end of the session she took a pledge from the students for not to involve in any such crimes in future.

The session concluded at 5:00PM. Around 100 students from all the disciplines across the college had participated in the programme. The Jagruti committee Chairperson Ms Gayana M N and the committee members coordinated the programme. Ms Usha Mohan was felicitated with a college memento as a token of appreciation.



"The challenges we are encountering in our country do not rest on the shoulders of one person, one agency and/or one community stakeholder. In order to ensure that we are successful with improving the lives of our people and our youth, we must all carry the burden, for it is only then we will experience long-lasting progress in the lives of our people."

Erin
08/17

ST JOSEPH ENGINEERING COLLEGE, MANGALURU
JAGRUTI-PREVENTION OF SEXUAL ASSAULT COMMITTEE

Attendance List

A Talk on "An awareness for youngsters on crime in society"

Date: 26th Oct, 2017

Time: 3:00PM

Department of Civil Engineering

Sl.No	USN	Name of the Student	Signature
1.	Vishibha Keshava 4S014CV001	✓ Vishibha Keshava	<u>Vishibha</u>
2.	4S014CV015	Deekshitha -K	<u>Deekshitha</u>
3.	4S014CV002	Abhijith Acharya	<u>Abhijith</u>
4.	4S015CV411	Premkumar	<u>Premkumar</u>
5.	4S014CV008	Ashok .D.N	<u>Ashok</u>
6.	4S014CV002	Harshitha .B.M	<u>Harshitha</u>
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ST JOSEPH ENGINEERING COLLEGE, MANGALURU
JAGRUTI-PREVENTION OF SEXUAL ASSAULT COMMITTEE

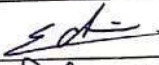
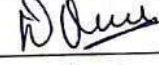




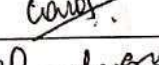
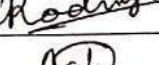
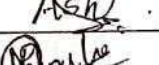

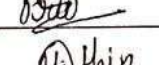

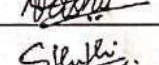
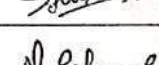
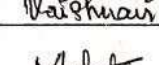
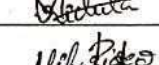
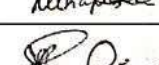
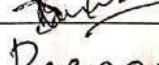
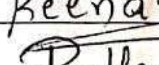
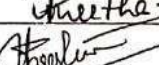
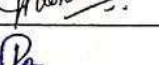
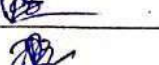
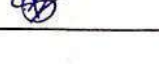
Attendance List

A Talk on "An awareness for youngsters on crime in society"

Date: 26th Oct, 2017

Time: 3:00PM

Department of Computer Science & Engineering

Sl.No	USN	Name of the Student	Signature
1.	45013CS035	Edwin M. Jose	
2.	45013CS032	Devroy Oliveira	
3.	45016CS116	Vanessa D'souza	
4.	45016CS107	Shreya Shreya K. K.	
5.	45016CS072	Megha Deostia	
6.	45015CS006	AKARSHA	
7.	45015CS023	CAVY	
8.	45015CS022	Car Hon	
9.	45015CS015	Asha B	
10.	45016CS095	ROYSTON NORONHA	
11.	45016CS084	PREETHAM PAID	
12.	45016CS078	NITHIN RAJ	
13.	45016CS117	VASHITHA G	
14.	45016CS111	STHUTHI SADANANDA	
15.	45016CS115	VAISHNAVI D S	
16.	45016CS068	MRIDULA	
17.	45016CS073	NIHARIKA	
18.	45016CS108	Shreema Simran	
19.	45016CS091	Reena Rodrigues	
20.	45016CS086	Puneetha.KR	
21.	45016CS106	Shreenidhi Shetty	
22.	45017CS	Rasika Surangekar	
23.	45017CS	Poornima.S. Banavalikar	
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ST JOSEPH ENGINEERING COLLEGE, MANGALURU
JAGRUTI-PREVENTION OF SEXUAL ASSAULT COMMITTEE

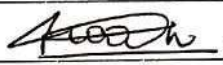

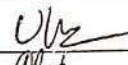





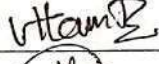


Attendance List

A Talk on "An awareness for youngsters on crime in society"

Date: 26th Oct, 2017

Time: 3:00PM

Department of Mechanical Engineering

Sl.No	USN	Name of the Student	Signature
1.	4S016ME109	Swathika	
2.	4S016ME093	Sanjay Jacob George	
3.	4S015ME113	Upendra Barak	
4.	4S014ME707	Allen Clinton	
5.	4S014ME710	Arbaz Sayed	
6.	4S016ME024	Chinmayee . P	
7.	4S016ME030	Deepak shetty K	
8.	4S016ME726	Nagabhushan. Shet	
9.	4S014ME115	Uttam. Bangera	
10.	4S015ME070	Mohamed Hussain	
11.	4S015ME426	AJAY KUMAR	
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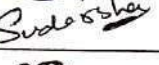
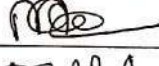
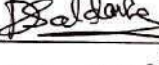
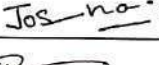
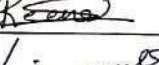
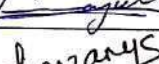
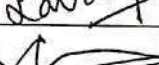
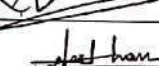
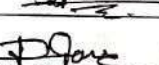
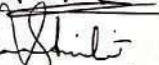
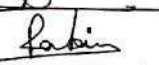
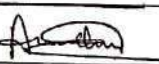
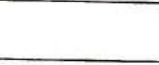
Attendance List

A Talk on "An awareness for youngsters on crime in society"

Date: 26th Oct, 2017

Time: 3:00PM

Department of Master of Business Administration

Sl.No	USN	Name of the Student	Signature
1.		ROHAN PAI G.S	
2.		ROHAN DSOUZA	
3.		Vandan Lobo	
4.		Sudarshan	
5.		Marvin Lobo	
6.		Desly Saldanha	
7.		Joshna Telisha Rebello	
8.		Keena Sequeira	
9.		Vinaya Shree	
10.		Lawanya B. Naik	
11.	48016MBA25	Malavika Das	
12.	48016MBA11	Darshan P.Y.	
13.	48016MBA14	Shana Ayu Pinto	
14.	48016MBA11	Sharon Ancita Lobo	
15.	48016MBA37	Robin	
16.	48016MBA05	Austine	
17.			
18.			
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22.			
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ST JOSEPH ENGINEERING COLLEGE, MANGALURU
JAGRUTI-PREVENTION OF SEXUAL ASSAULT COMMITTEE

Attendance List

A Talk on "An awareness for youngsters on crime in society"

Date: 26th Oct, 2017

Time: 3:00PM

Department of Electrical & Electronics Engineering

Sl.No	USN	Name of the Student	Signature
1.	45014EE028	Saurabh C Rai	
2.	45014EE026	Sanketh M	
3.	45014EE001	Alex Mathew	
4.	45014EE038	Trossera Lavita	
5.	45014EE011	Florence Marriolla Pinto	
6.	45014EE007	Dakshaypri	
7.	45014EE008	Deeksha	
8.	45015EE034	Rami Rashmita K.J	
9.	45015EE012	Bavya shree	
10.	45015EE010	Ashwini	
11.	45015EE036	Sangeetha	
12.	45015EE006	Andrea	
13.	45015EE007	Anvesha	
14.	45015EE028	NATASHA DSILVA	
15.	45015EE001	KOUSHA K.C	
16.	45015EE025	Nabhan	
17.	45015EE047	Vignesh	
18.	45015EE001	Adarsha.D.	
19.			
20.			
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ST JOSEPH ENGINEERING COLLEGE, MANGALURU
JAGRUTI-PREVENTION OF SEXUAL ASSAULT COMMITTEE


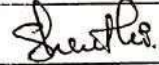

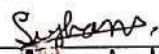

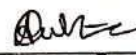



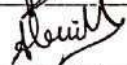
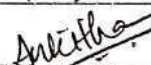
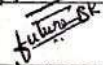
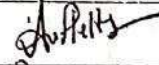


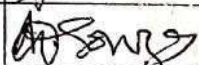

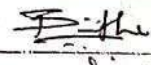
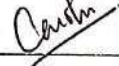

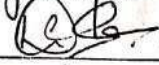
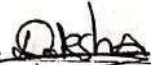

Attendance List

A Talk on "An awareness for youngsters on crime in society"

Date: 26th Oct, 2017

Time: 3:00PM

Department of Electronics & Communication Engineering

Sl.No	USN	Name of the Student	Signature
1.	45016EC403	Ankitha	
2.	45015EC081	Smruthi	
3.	45016EC404	ANUJ J.M.	
4.	45015EC085	SUSHAN	
5.	45016EC013	ASHISH SHETTY	
6.	45016EC060	G. ANANTHA KAMATH	
7.	45016EC061	S. BHARATH KUMAR	
8.	45016EC064	GANDESH A MESTA	
9.	45016EC062	SAMEEKSHA D KULAL	
10.	45016EC004	Alida Monteiro	
11.	45016EC009	Ankitha Hegde	
12.	45016EC015	Bhavishya R. Kaiya	
13.	45016EC010	ANUSH A SHETTY	
14.	45016EC002	AKASH CP	
15.	45016EC005	ALWYN THOMAS	
16.	45016EC006	ANICETA P D Souza	
17.	45016EC016	BINDU SHETTY P	
18.	45016EC017	BINITHA ANN JOHN	
19.	45016EC018	CAROLIN M THOMAS	
20.	45016EC008	ANJETHA JOSEPH MATHEW	
21.	45016EL021	Disha D	
22.	45016EL020	Deepsha	
23.	45016EC014	Chenmayee	
24.			
25.			

ST JOSEPH ENGINEERING COLLEGE
Jagruti - Prevention of Sexual Assault Committee

Ref: Jagruti/Notice/2017/03

Date: 08 November 2017

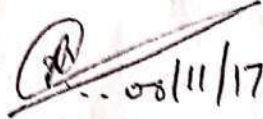
Interdepartmental Communication





Jagruti Committee is conducting a Quiz competition to create awareness about the legal rights of women. The competition will be held on 15th November, 2017 at 4:00 PM for a duration of 20 minutes in Room No 3503, 5th Floor, AB III. Interested students are required to enroll their names to their department coordinators.

The quiz Comprises of 20 questions & includes topic relating to the following laws:

1. Constitution of India mainly, the Preamble, Fundamental Rights, Directive Principles of State Policy, Fundamental Duties, including Article 33 and Article 226 thereof.
2. National Commission for Women Act, 1990 (20 of 1990)
3. Dowry Prohibition Act, 1661
4. Protection of Women from Domestic Violence Act, 2005
5. The Sexual Harassment of Women at Work Place (Prevention, Prohibition and Redressal Act) Act, 2013
6. The Criminal Law Amendment Act, 2013
7. The Maternity Benefit Act 1961
8. The Medical Termination of Pregnancy Act, 1971 (34 of 1971)
9. The Immoral Traffic (Prevention) Act, 1956
10. The Pre-Conception and Pre-Natal Diagnostic Techniques (Prohibition of Sex Selection) Act, 1994
11. The Minimum Wages Act, 1948
12. SC and the ST (Prevention of Atrocities) Amendment Act, 2015
13. The Scheduled Tribes and other traditional forest dwellers (Recognition of Forest Rights) Act, 2008


Ms Gayana M N
Coordinator Jagruti


Dr Rio D'Souza
Vice Pricipal

Copy to:  Director /  Asst Director /  Principal /  Vice Principal/ All Deans & HODs/
Phy, Maths, Chem (for kind information)/ File



ST JOSEPH ENGINEERING COLLEGE

Affiliated to Visvesvaraya Technological University and recognised by All India Council for Technical Education

ಸಂತ ಜೋಸೆಫ್ ತಾಂತ್ರಿಕ ಮಹಾವಿದ್ಯಾಲಯ

Ref.No.SJEC/Prin/Gen/S/2017/032

Date : 12.12.2017

The National Commission for Women
Plot-21, Jasola Institutional Area
New Delhi – 110025

Dear Sir,

SUB: NATIONWIDE COMPETITION TO CREATE AWARENESS ABOUT THE LEGAL RIGHTS OF WOMEN.


REF NO : 1.D.O.NO.F.NO.09(2017-18)/ NCW/NEC dated 2nd AUGUST 2017
2.F.No.9 (2017-18)/NCW/NEC dated 31st August 2017 – National Commission for Women

With reference to the above, a College level quiz competition to create awareness among women about the legal rights of women was organized by the College on 15th November 2017.

Please find enclosed the quiz competition report and request letter to release the fund towards the expenditure incurred towards the quiz competition.

Thanking You

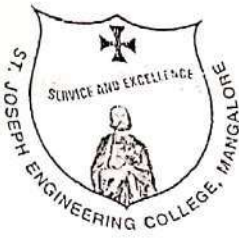
With regards,


Dr Joseph Gonsalvis
Principal – SJEC

-Enclosures as above

Vamanjoor Post, Mangalore - 575 028, Karnataka, South India. Email : sjec@sjec.ac.in URL : www.sjec.ac.in
Tel : (Office) 2263753 (4 lines) (Director) : 2263758 (Principal) : 2263732 Fax : 91-824-2263751

Ms. GAYANA - CSE



ST JOSEPH ENGINEERING COLLEGE

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ಸಂತ ಜೋಸೆಫ್ ತಾಂತ್ರಿಕ ಮಹಾವಿದ್ಯಾಲಯ

Ref.No. SJEC/Prin/B/2017/041

Date : 11.12.2017

The National Commission for Women
Plot-21, Jasola Institutional Area
New Delhi – 110025

Respected Sir/ Madam

SUB: REQUEST FOR RELEASE OF THE FUND FOR CONDUCTING COLLEGE LEVEL QUIZ COMPETITION ON CREATING AWARENESS OF WOMEN LEGAL RIGHTS

REF NO : 1.D.O.NO.F.NO.09(2017-18)/ NCW/NEC dated 2nd August 2017
2.F.No.9 (2017-18)/NCW/NEC dated 31st August 2017 – National Commission for Women

With reference to the above, a College level quiz competition to create awareness among women about the legal rights of women was organized by the College on 15th November, 2017

The expenditure incurred in conducting the event is given below :

Sl.No	Particulars	Amount
1.	First Prize	Rs 2,000
2.	Second Prize	Rs 1,500
3.	Third Prize	Rs 1,000 * 5 = 5,000
	Total	Rs 8,500

Therefore, I request you kindly to release Rs 8,500/- (Rupees eight thousand five hundred only) through RTGS to the following account –

Name of Account : St Joseph Engineering College
Bank Account Number : 10792191000040
Type of Bank Account : Saving Bank Account
Bank : Oriental Bank of Commerce
Branch : Mangalore
IFSC / RTGS Code : ORBC0100966

Thanking You

With regards,


Dr Joseph Gonsalvis
Principal

a) **Name of College:** ST JOSEPH ENGINEERING COLLEGE,
VAMANJOOR, MANGALURU-575028
DAKSHINA KANNADA DISTRICT
KARNATAKA

b) **University to which affiliated:** Visvesvaraya Technological University
"JnanaSangama"
Belagavi-59018, Karnataka State

c) **Numbers of Students in the College:** 2404

d) **Numbers of Students who participated in the Competition:** 50

e) **Total expenditure incurred**

Sl.No	Particulars	Amount
1.	First Prize	2,000 Rs
2.	Second Prize	1,500 Rs
3.	Third Prize	1,000 * 5 = 5,000 Rs
	Total	8,500 Rs

f) **Details of First/Second/Third Prize Winners**

First Place : MsGlinish , First Year, MBA

Second Place : MsMelita Sasha Saldanha, First Year, MBA

Third Place : MsGloria , Fourth Year, CSE

MsNidhishreeB , Third Year, ECE

MsNisha Dias, First Year, MBA

Mr Austin Darryl Tellis, First Year, MBA

MrRhyesRego, First Year, MBA

ST JOSEPH ENGINEERING COLLEGE, MANGALURU
JAGRUTI-PREVENTION OF SEXUAL ASSAULT COMMITTEE
QUIZ COMPETITION ON "AN AWARENESS ON WOMEN LEGAL RIGHTS"

Name	USN	Sem	Branch	MobileNo

DATE: 15/11/2017

TIME:4:00PM-4:20PM

MARKS: /20

1. is the foundation stone of Indian Constitution
a) Social justice b) Social equality c) Social equity d) Democracy
2. When was the Protection of Women from Domestic Violence Act enacted?
a) 2003 b) 2004 c) 2005 d) 2006
3. The legal purposes for which pre-conceptional and pre-natal diagnostic techniques can be conducted:
a) To detect genetic, metabolic disorders, chromosomal abnormality,
b) Greater risk to the woman – if her age is above 35 years
c) For sex determination or selection. d) Both a & b
4. An offence under The Pre-natal Diagnostic Techniques (Regulation & Prevention of Misuse) Act, 1994 is
a) Cognizable b) Non-compoundable c) Both a & b d) None
5. The Indian constitution uses the term ----- to refer to Vulnerable groups.
a) Muslims b) Weaker Sections c) Christians d) Majority Group
6. In India, child sexual abuse is defined by the ----- Act.
a) Juvenile Justice Act b) Domestic Violence Act
c) Equal Remuneration Act d) Child Labour Prohibition Act
7. ----- prevents sexual harassment at workplace.
a) Protection of Women from Domestic Violence Act, 2005 b) Vishakha Guidelines
b) Women Labour Prohibition Act d) Juvenile Justice Act
8. ----- was set up under Article 238 of Indian constitution.
a) NHRC b) NCSC c) NCST d) NCW
9. ----- was set up under National Commission for Women Act, 1990.
a) NHRC b) NCSC c) NCST d) NCW
10. In India, the abuse of child in workshops, dhabas, factories and any such employment is declared illegal by the ----- Act
a) Juvenile Justice Act b) Domestic Violence Act
c) Equal Remuneration Act d) Child Labour Prohibition Act
11. Trafficking in human beings is prohibited under ----- of Indian constitution.

12. Fundamental Rights are.....and guaranteed.
- a) Constitutionally recognized
 - b) Basic rights
 - c) Fundamentally allowed
 - d) Legally forced
13. 'Judicial notice' under the Indian Evidence Act, 1872, means—
- a) Notice given by the court
 - b) Information given to the court
 - c) To ask for evidence
 - d) To recognise without proof something as existing
14. Which among the following is false under sexual harassment at workplace (Prevention, Prohibition & Redressal) Act, 2013
- a) Internal Complaint Committee (ICC) must be formed within an organization
 - b) sexual harassment can be settled with monetary compensation in a conciliation
 - c) The enquiry can go upto 90 days
 - d) Someone else can file a complaint on behalf of victim.
15. Which among the following statement is True under the Redressal Act, 2013
- a) Once the conciliation finishes, the Committee can continue any investigation.
 - b) Once the conciliation finishes, the Committee will not initiate any investigation
 - c) Both a & b
 - d) None
16. Rape, Abduction, murder is an example of
- a) Criminal violence
 - b) Domestic violence
 - c) Social violence
 - d) All of the above
17. Dowry deaths, wife battering is an example of
- a) Criminal violence
 - b) Domestic violence
 - c) Social violence
 - d) All of the above
18. Which of the followings recommendations were made by National Commission for Women (NCW) in concern to the proposed amendments to the Dowry Prohibition Act, 1961?
- 1) Amendment to definition of Dowry
 - 2) Provision for registration of lists of gifts received at the time of marriage
 - 3) Penalties for non-maintenance of lists of gifts received at the time of marriage
 - 4) Protection officers appointed under the Protection of Women from Domestic Violence Act, to carry out the duties of the Dowry Prohibition Officers
- a) 1, 2 & 3 only
 - b) 1, 2 & 4 only
 - c) 2, 3 & 4 only
 - d) All 1, 2, 3, 4
19. Which legal bodies have the power to enforce Fundamental Rights in India?
- a) Parliament of india
 - b) President of india
 - c) The Supreme Court of India and State High Courts
 - d) Human Rights commissions
20. Which Act gives protection to women from being kidnapped and compelled to become prostitutes?
- a) The Criminal Law Amendment
 - b) The Family Court Act
 - c) The Indecent Representation of Women
 - d) The Immoral Traffic Prevention Act
-

SOLUTION:

1. is the foundation stone of Indian Constitution
a) Social justice b) Social equality c) Social equity d) Democracy
2. When was the Protection of Women from Domestic Violence Act enacted?
a) 2003 b) 2004 c) 2005 d) 2006
3. The legal purposes for which pre-conceptual and pre-natal diagnostic techniques can be conducted:
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b) Greater risk to the woman – if her age is above 35 years
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c) Equal Remuneration Act d) Child Labour Prohibition Act
7. ----- prevents sexual harassment at workplace.
a) Protection of Women from Domestic Violence Act, 2005 b) Vishakha Guidelines
c) Women Labour Prohibition Act d) Juvenile Justice Act
8. ----- was set up under Article 238 of Indian constitution.
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a) NHRC b) NCSC c) NCST d) NCW
10. In India, the abuse of child in workshops, dhabas, factories and any such employment is declared illegal by the ----- Act
a) Juvenile Justice Act b) Domestic Violence Act
c) Equal Remuneration Act d) Child Labour Prohibition Act
11. Trafficking in human beings is prohibited under ----- of Indian constitution.
a) Article 19 b) Article 18 (5) c) Article 19(5) d) Article 23
12. Fundamental Rights are.....and guaranteed.
a) Constitutionally recognized b) Basic rights
c) Fundamentally allowed d) Legally forced
13. 'Judicial notice' under the Indian Evidence Act, 1872, means--
a) Notice given by the court b) Information given to the court
c) To ask for evidence d) To recognise without proof something as existing

14. Which of the following is false under sexual harassment at workplace(Prevention,Prohibition & Redressal Act,2013)
- e) Internal Complaint Committee(ICC) must be formed within an organization
 - f) sexual harassment can be settled with monetary compensation in a conciliation
 - g) The enquiry can go upto 90 days
 - h) Someone else can file a complaint on behalf of victim.
15. Which among the following statement is True under the Redressal Act,2013
- d) Once the conciliation finishes, the Committee can continue any investigation.
 - e) Once the conciliation finishes, the Committee will not initiate any investigation
 - f) Both a & b
 - d) None
16. Rape. Abduction, murder is an example of
- b) Criminal violence
 - b) Domestic violence
 - c) Social violence
 - d) All of the above
17. Dowry deaths, wife battering is an example of
- b) Criminal violence
 - b) Domestic violence
 - c) Social violence
 - d) All of the above
18. Which of the followings recommendations were made by National Commission for Women(NCW) in concern to the proposed amendments to the Dowry Prohibition Act, 1961?
- 5) Amendment to definition of Dowry
 - 6) Provision for registration of lists of gifts received at the time of marriage
 - 7) Penalties for non-maintenance of lists of gifts received at the time of marriage
 - 8) Protection officers appointed under the Protection of Women form Domestic Violence Act, to carry out the duties of the Dowry Prohibition Officers
- b) 1,2 & 3 only
 - b) 1, 2 & 4 only
 - c) 2,3 & 4 only
 - d) All 1, 2, 3, 4
19. Which legal bodies have the power to enforce Fundamental Rights in India?
- a) Parliament of india
 - b) President of india
 - c) The Supreme Court of India and State High Courts
 - d) Human Rights commissions
20. Which Act gives protection to women from being kidnapped and compelled to become prostitutes?
- b) The Criminal Law Amendment
 - b) The Family Court Act
 - c) The Indecent Representation of Women
 - d) The Immoral Traffic Prevention Act

JAGRUTHI-PREVENTION OF SEXUAL HARASSMENT COMMITTEE
ST JOSEPH ENGINEERING COLLEGE, VAMANJOOR

ATTENDANCE

A Talk on "An Awareness Programme for Women on Breast Diseases" Date:30/4/2018

Sl.No	USN	Name	Sem & Section	Signature
1.	45014CV054	Vishikha Keshava	VIII	<i>[Signature]</i>
2.	45014EC059	Pooja T	VIII, A	<i>[Signature]</i>
3.	45014EC054	Namitha Shanbhag	VIII, A	<i>[Signature]</i>
4.	45014EC055	Navya Salih Bandari	VIII, A	<i>[Signature]</i>
5.	45014EC060	Poojalakshmi D	VIII, A	<i>[Signature]</i>
6.	45014EC082	Shahera Begum I	VIII, B	<i>[Signature]</i>
7.	45014EC090	Shruthi udapa A	VIII, B	<i>[Signature]</i>
8.	45014EC089	Shreevaksia	VIII, B	<i>[Signature]</i>
9.	45014EC098	Taruja Kanekar	VIII, B	<i>[Signature]</i>
10.	45014EC088	SHRADHA C.H.	VIII, B	<i>[Signature]</i>
11.	45014CS113	VARSHA K	VIII, B	<i>[Signature]</i>
12.	45014CS072	Rachel Joslin Mathias	VIII, B	<i>[Signature]</i>
13.	45014EC029	Glany Lavado	VIII, A	<i>[Signature]</i>
14.	45014CS073	Rachel Milet Pinto	8th, B	<i>[Signature]</i>
15.	45014CS077	Rashmitha Aranha	8th, B	<i>[Signature]</i>
16.	45014CS084	Rana Veigus	8th, B	<i>[Signature]</i>
17.	45014CS016	Ashrita Saldanha	8th, A	<i>[Signature]</i>
18.	45014CS011	Anisha L. Nolonha	8th, A	<i>[Signature]</i>
19.	45012CS054	Melisha Lorelta Sequiera	8th, B	<i>[Signature]</i>
20.	45014CS101	Shubharani V	8th, B	<i>[Signature]</i>
21.	45014CS103	Simran B. Godhani	8th, B	<i>[Signature]</i>
22.	45014CS114	Vasudha	8th, B	<i>[Signature]</i>
23.	45014CS018	Ashwetha Frank	8th, A	<i>[Signature]</i>
24.	45014CS015	Ashwini Dsouza	8th, A	<i>[Signature]</i>

Sl.No	USN	Name	Sem & Section	Signature
25.	45014CS037	Kaipa	8 th / A'	
26.	45014CS040	Lariba M Monteiro	8 th / CSA A'	
27.	45014CS027	Dhanya	8 th / CSA	
28.	45014CS051	Meloni J Dsilva	8 th / CSA	
29.	45014CS035	Jayalakshmi	8 th / CS'A'	
30.	45014CS059	Nibi Mary Jacob	8 th / CS'A'	
31.	48015CS415	Prithvi. V.	8 th / CS'B'	
32.	45014CS070	Priyanka. B. Rakeria	8 th / CS'A'	
33.	45014CS069	Priya	8 th / CS'A'	
34.	45014CS030	Gloria D'souza	8 th / CS'A'	
35.	45014CS023	Dale H Menezes	8 th / CS'A'	
36.	45014CS061	Ousina Pinto	8 th / CS'A'	
37.	45014CS056	Mishael Dsouza	8 th / CS'A'	
38.	45014EE021	Nawal	8 th / EEE	
39.	45014EE005	Anwitha Alva	8 th / EEE	
40.	45014EE013	Jazeela MH	8 th / EEE	
41.	45014EE010	Fahima	8 th / EEE	
42.	45014CS055	Mili Kennady	8 th / CS'A'	
43.	45014CS076	Raksha Puthran	8 th / CS'B'	
44.	45014CS098	Shranya Rai	8 th / CS'B'	
45.	45014CS106	Luchimda Dely Pereira	"	
46.	45014CS078	Renia Rakkhha	"	
47.	45015CS421	Sushmitha. R. J	8 th / CS'B'	
48.	45015CS409	Harshitha. P	"	
49.	45015CS408	Harshitha	"	
50.	45014CS111	Thirita Lakshmi	8 th / CS'B'	
51.	45014CS047	Manasa Rao	8 th / CS'A'	
52.	45014CS007	Akshaya	"	
53.	45014CS002	Adisha. P. Shetty	8 th / CS'A'	
54.	45014CS017	Ashwitha Dantis	8 th / CS'A'	

Sl.No	USN	Name	Sem & Section	Signature
55.	45014CS004	Aishwarya . S - Kulkarni	8 th /A "CS"	<i>Aishwarya</i>
56.	45012IS011	Evane Rodrigues	8 th /B "CS"	<i>Evane</i>
57.	45014CS087	Samantha de Sequeira	8 th /B "CS"	<i>Samantha</i>
58.	45014CS109	Janya Navar	8 th /B "CS"	<i>Janya</i>
59.	45014CS097	Shruvasha . A	8 th /B "CS"	<i>Shruvasha</i>
60.	45014EV045	Sanjana R	3 rd CV	<i>Sanjana</i>
61.	45014CV007	Apoorva Kamath	8 th civil	<i>Apoorva</i>
62.	45015CV406	Madhushree K.N	8 th civil	<i>Madhushree</i>
63.	45015CV401	Ankitha K.N	8 th civil	<i>Ankitha</i>
64.	45015CV403	Divyashree K	8 th civil	<i>Divyashree</i>
65.	45014EV013	Deepsha Shetty	8 th civil	<i>Deepsha</i>
66.	45014CV018	Zila	8 th civil	<i>Zila</i>
67.	45014CV043	Rosmi	8 th civil	<i>Rosmi</i>
68.	45014CV015	Deekshitha . K	8 th civil	<i>Deekshitha</i>
69.	45014CV022	Harshitha B.M	8 th civil	<i>Harshitha</i>
70.	45014CV003	Abhijna Yashwanth	8 th civil	<i>Abhijna</i>
71.	45014CV009	Chaitra . S. Shetty	8 th civil	<i>Chaitra</i>
72.	45014CV052	VARSHA BAO	8 th CIVIL	<i>Varsha</i>
73.	45014CV032	Mithil . M. Shetty	8 th Civil	<i>Mithil</i>
74.	45014CV039	Pratiksha . S.N.	8 th Civil	<i>Pratiksha</i>
75.	45014CS024	Deeksha S Atka	6 th CS	<i>Deeksha</i>
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JAGRUTI - PREVENTION OF SEXUAL HARASSMENT COMMITTEE
ST JOSEPH ENGINEERING COLLEGE, MANGALURU-575028

Name of Programme : A Talk on "An Awareness Programme for Women on Breast Diseases"
Date & Time : 30-04-2018, 10:15AM
Target Audience : SJEC Female Staff and Students
Resource Person : Dr. Venkatesh Sanjeeva
MBBS, MS, FRCS(Edinburgh), FRCS(Glasgow)
Consultant Surgeon
Specialist: Gastro-Intestinal & Breast Surgery

Brief Report:

Diseases of the breast bring in a significant stress in women, especially when the diagnosis of the breast cancer is made. The impact of this disease threatens the body image, disturbances in the form of self-esteem, and sexuality. Hence there is a need to understand the disease for better quality of life. The magnitude of breast cancer problem is increasing in India. Recent study of breast cancer risk in India revealed that one in twenty eight women develop breast cancer during her life time. In rare cases even men become victims of breast cancer. This informative message came through at the half day interactive session conducted by Jagruti Committee, SJEC on An Awareness Programme for Women on Breast Diseases, held at Bishop Aloysius Conference Hall on 30th April 2018. On an average, around 20 female staffs and 80 students from Engineering, Master of Computer Applications and Master of Business Administration disciplines, have attended the session.

The Programme started at 10:15AM. Ms Manjula K, Asst. Professor, Department of Business Administration gave an Introduction about the speaker to the audience. Ms Gayana M N , welcomed the speaker with a bouquet. The session was then engaged by the speaker till 12:15PM. Dr. Venkatesh Sanjeeva was felicitated with a college memento as a token of appreciation at the end of the programme.

JAGRUTI - PREVENTION OF SEXUAL HARASSMENT COMMITTEE
ST JOSEPH ENGINEERING COLLEGE, MANGALURU-575028

Diseases of the breast bring in a significant stress in women, especially when the diagnosis of the breast cancer is made. The impact of this disease threatens the body image, disturbances in the form of self-esteem, and sexuality. Hence there is a need to understand the disease for better quality of life. The magnitude of breast cancer problem is increasing in India. Recent study of breast cancer risk in India revealed that one in twenty eight women develop breast cancer during her life time. In rare cases even men become victims of breast cancer. This informative message came through at the half day interactive session conducted by Jagruthi Committee, SJEC on An Awareness Programme for Women on Breast Diseases, held at Bishop Aloysius Conference Hall on 30th April 2018. On an average, around 25 female staffs and 75 students from Engineering, Master of Computer Applications and Master of Business Administration disciplines, have attended the session.

The Programme started at 10:15 AM. Ms Manjula K, Asst. Professor, Department of Business Administration gave an Introduction about the speaker to the audience. Ms Gayana M N , welcomed the speaker with a bouquet. The session was then taken over by the speaker. The speaker covered the following topics in his talk:

Breast Diseases: The speaker spoke about what is Breast cancer. He said that, it starts when cells in the breast begin to divide and grow in an abnormal way. Breast cancer invades locally and spreads through regional lymph nodes, blood stream or both. Finally, it affects lungs, liver, bone and brain.

Causes/Risk factors: Doctor described the causes and risk factors of breast cancer. He said about the importance of Female sex hormones and the effect of change in these hormones. He said that it is difficult to pinpoint the exact cause of breast cancer, but certainly should consider some risk factors.

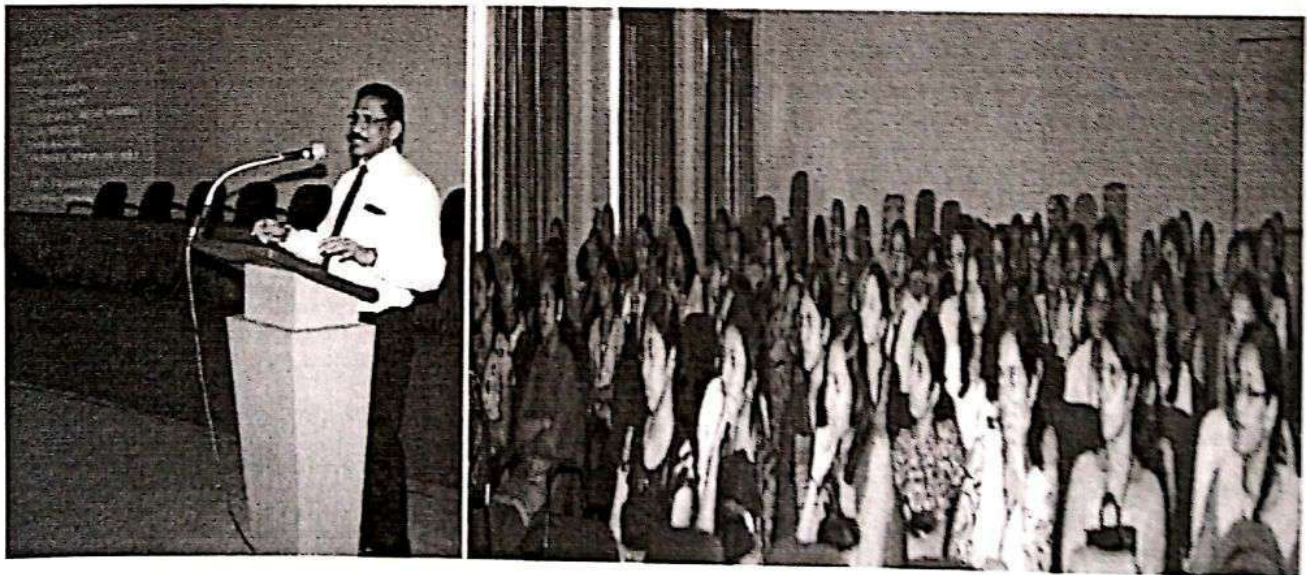
The speaker described the clinical features of Breast cancer and said that it can occur at any age. Adding to this he said that Painless lump in the breast is the commonest symptom of breast cancer. Since these lumps are painless, most of the women neglect it as a result these lumps and spread to the other parts of the body.

Doctor gave an information on how diagnosis can be done in such cases, Either by Examining the patient or by Radiological investigations such as mammogram and ultrasound or through Biopsy. The speaker gave an awareness on the importance of Self-examination of breast. He said that Breast self-examination is the key to early detection of breast cancer. If it is detected earlier, cancer can be cured with the modern treatment.

Doctor also gave an exposure to some of the Non-cancerous breast diseases such as Fibroadenoma, Breast pain, Nipple discharge and Breast abscess.

The speaker concluded his speech with the following Key points: Breast cancer is the second common cancer in Indian women and magnitude of the problem is increasing in India that too among younger women. By self examination of the breast, cancer can be detected in early stages and can get cured by modern treatment. If a woman notices any change/problem in the breast, without any hesitation should contact a breast specialist. Any lump in the breast need not be a cancer. Never wait and worry, always take the opinion of a breast specialist.

The forum was then kept open for Questions & Answer session. Finally the session got over by 12:15PM. Dr.Venkatesh Sanjeeva was felicitated with a college memento as a token of appreciation.



**JAGRUTI - PREVENTION OF SEXUAL ASSAULT COMMITTEE
ST JOSEPH ENGINEERING COLLEGE, MANGALURU-575028**


Name of Programme : An International Campaign against Gender Based Violence

Date & Time : December 3, 2018 from 8:45AM to 3:00 PM.

Resource Person : Ms. Leoni and Ms. Sofia, Social Activists from Germany

Brief Report:

Gender violence, is the term used to denote harm inflicted upon individuals and groups that is connected to normative understandings of their gender. Some national studies show that up to 70 percent of women have experienced physical and/or sexual violence from an intimate partner in their life time. In order to bring awareness on gender based violence and to say "NO" to gender violence, Jagruthi Cell of St Joseph Engineering College had organized a session on Campaigning against gender based violence on December 3, 2018 at the entrance of academic block 3. This Campaign was the part of International Campaign of UN against gender based violence. Many staff and students of SJEC had participated in the event and showed their support for the campaign.



Ms Jennifer C Saldanha

Coordinator-Jagruti

SJEC, Mangaluru





St Joseph Engineering College, Mangaluru-575028
Jagruthi-Prevention of Sexual Assault Committee

Attendance of the session on importance of grooming and confidence called as "Rexona Confidence Academy" female students and staff of SJEC on Monday, November 12, 2018 at 4.00pm.

Venue: Spoorthi Conference Hall, 7th floor. AB-III

Branch & Year: **ENCI** yr

Section : B

Sl. No	Name	Signature
1	Poorva Vinod Naik	<i>Poorva</i>
2	Pragathi A	<i>Pragathi</i>
3	Prapthi M V	<i>Prapthi</i>
4	Pratheeksha Basrithaya	<i>Pratheeksha Basrithaya</i>
5	Prathibha M P	<i>Prathibha</i>
6	R Hima	<i>R Hima</i>
7	Raksha D D	<i>Raksha</i>
8	Raksha P.	<i>Raksha P.</i>
9	Sahana P H	<i>Sahana</i>
10	Sahana U T	<i>Sahana</i>
11	Sanidhya H K	<i>Sanidhya</i>
12	Sharanya M S	
13	Sharon Frank	
14	Shifani D'Souza	<i>Shifani</i>
15	Shilpa Shetty	<i>Shilpa</i>
16	Shivya G	<i>Shivya</i>
17	Shravya V	<i>Shravya V</i>
18	Soujanya	<i>Soujanya</i>
19	Soumya	<i>Soumya</i>
20	Shivya G	
21	Shravya V	
22	Tejashree	<i>Tejashree</i>
23	Vindhya K	<i>Vindhya</i>
24	Vinutha J.Y.	<i>Vinutha</i>
25	Sukthi Sulaya J.	<i>Sukthi</i>
26	Tejashree	
27	Vindhya K	

Ms Smitha Maria D'Souza
Ms Smitha Maria D'Souza
Dept Coordinator

Ms Jennifer C Saldanha
Ms Jennifer C Saldanha
Chief Coordinator



St Joseph Engineering College, Mangaluru-575028
Jagruthi-Prevention of Sexual Assault Committee

Attendance of the session on importance of grooming and confidence called as "Rexona Confidence Academy" female students and staff of SJEC on Monday, November 12, 2018 at 4.00pm.
Venue: Spoorthi Conference Hall, 7th floor, AB-III

Branch & Year: E&E- I yr

Section : D

Sl. No	Name	Signature
1	Adriana Swetel DSouza	
2	Amruta Nagappa Gali	—
3	Anjusha C L	
4	Dhanyashree H K	
5	Jyoti Yalawar	—
6	Maria Steffi Nazareth	
7	Monisha B G	
8	Jyoti Yalawar	—
9	Sinchana R-	—
10	Thripathi D K	
11	Varshitha S	
12	Vival Marina D'Souza	
13	Sinchana R	
14		
15		
16		

Ms Smitha-Maria D'Souza
Dept Coordinator

Ms Jennifer C Saldanha
Chief Coordinator



St Joseph Engineering College, Mangaluru-575028
Jagruthi-Prevention of Sexual Assault Committee

Attendance of the session on importance of grooming and confidence called as "Rexona Confidence Academy" female students and staff of SJEC on Monday, November 12, 2018 at 4.00pm.
Venue: Spoorthi Conference Hall, 7th floor, AB-III

Branch & Year: Civil yr

Section : C

Sl. No	Name	Signature
1	Aksa Mathew	
2	Anoushka Pereira	<i>Anoushka</i>
3	Anusha S Hegde	<i>[Signature]</i>
4	Apeksha Alva	<i>[Signature]</i>
5	Ayisha	
6	Chaitra S R	
7	Deeksha Anchan	<i>Deeksha Anchan</i>
8	Dhanya Mohandas Naik	
9	K Vaishnavi Gowda	
10	Krithika S B	
11	Lizina Stephany Crasto	<i>[Signature]</i>
12	Manasa R	
13	Meghashree	
14	Lizina Stephany Crasto	<i>[Signature]</i>
15	Rachana N C	
16	Sahana N Naik	
17	Sumalatha	
18	Tanvi J. Kotekar	
19	Varshitha	
20	Rachana N C	

Ms Smitha Maria D'Souza
Dept Coordinator

Ms Jennifer C Saldanha
Chief Coordinator



St Joseph Engineering College, Mangaluru-575028
Jagruthi-Prevention of Sexual Assault Committee

Name of the Programme: **Rexona Confidence Academy**

Time: 4.00pm to 5.00pm

Date: November 12, 2018

Venue: Spoorthi Hall , AB-III, 7th floor

Resource Person: Ms Nisha & Mr Vaibhav, Event Coordinators, Hindustan Unilever Limited

Audience: Female Staff and Students of SJEC

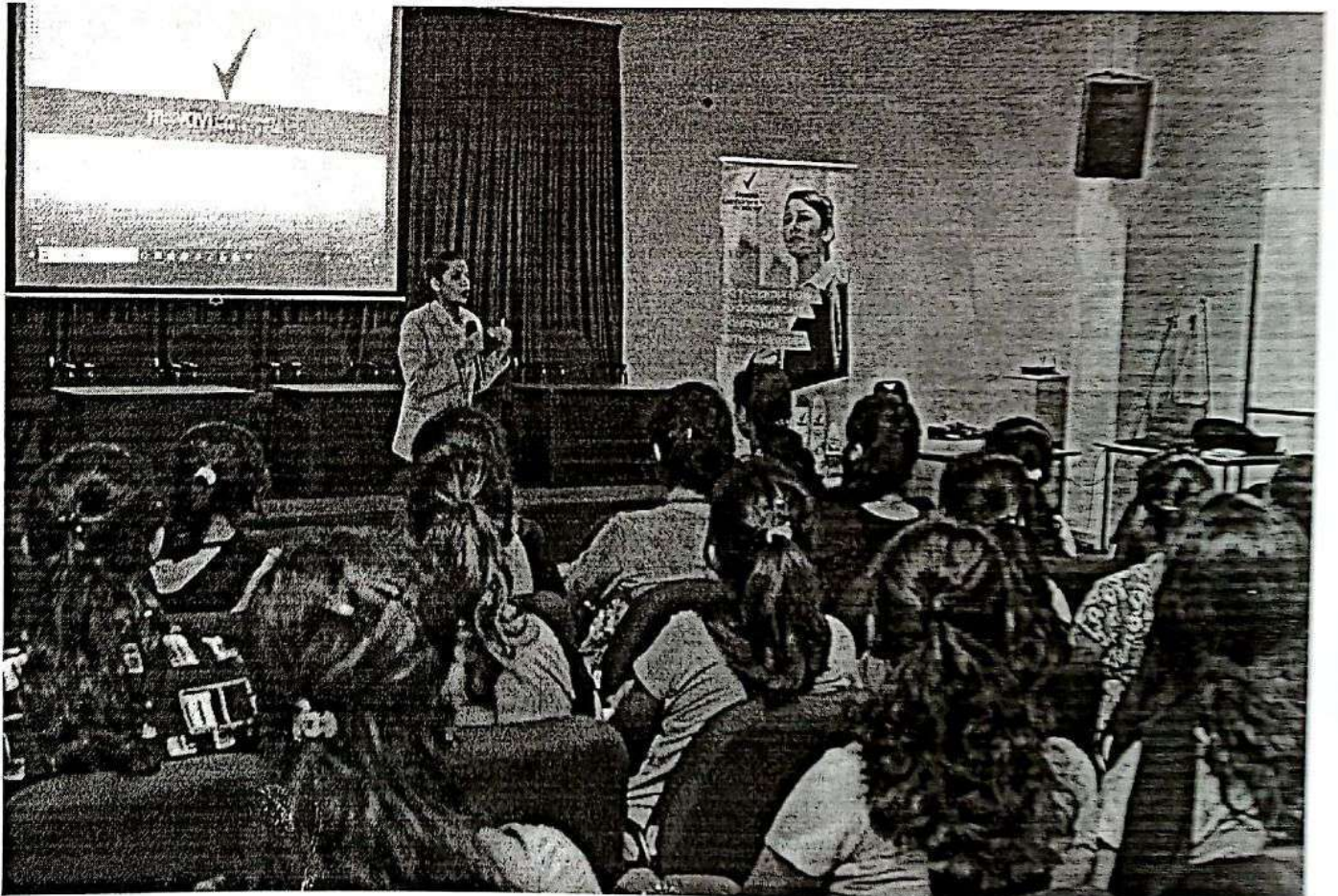
Report:

“Jagruthi-prevention of sexual assault committee of SJEC organized **Rexona Confidence Academy** –A session on teaching the importance of Grooming and Confidence, for the female students of SJEC on November 12, 2018 from 4.00 to 5.00pm in the Spoorthi Hall, AB-III, 7th floor. The coordinator Ms Jennifer Saldanha introduced the resource persons to the gathering. The main focus of this session is to train young girls to crack their interviews and to face challenges of the corporate world. The session included demonstration of short documentaries which will help them in understanding the importance of Personality Development & Grooming and the confidence required to face the interviews. At the end of the session the resource persons were honored with the memento and letter of appreciation. As a complementary gesture Rexona Deodorants were distributed to participants by the resource persons. The session was appreciated by all the female students of SJEC.

Report submitted by

Ms Jennifer C Saldanha

Coordinator-Jagruthi





St Joseph Engineering College, Mangaluru-575028
Jagruti-Prevention of Sexual Assault Committee

Name of the Programme: Talk on "Gender Sensitization & Anti-Sexual Harassment"

Time: 12.00pm to 1.00pm

Date: April 4, 2019

Venue: Prerana Hall , AB-III, I floor

Resource Person: Dr Lavina Noronha, Director, Ave Maria Palliative Care, Vamanjoor

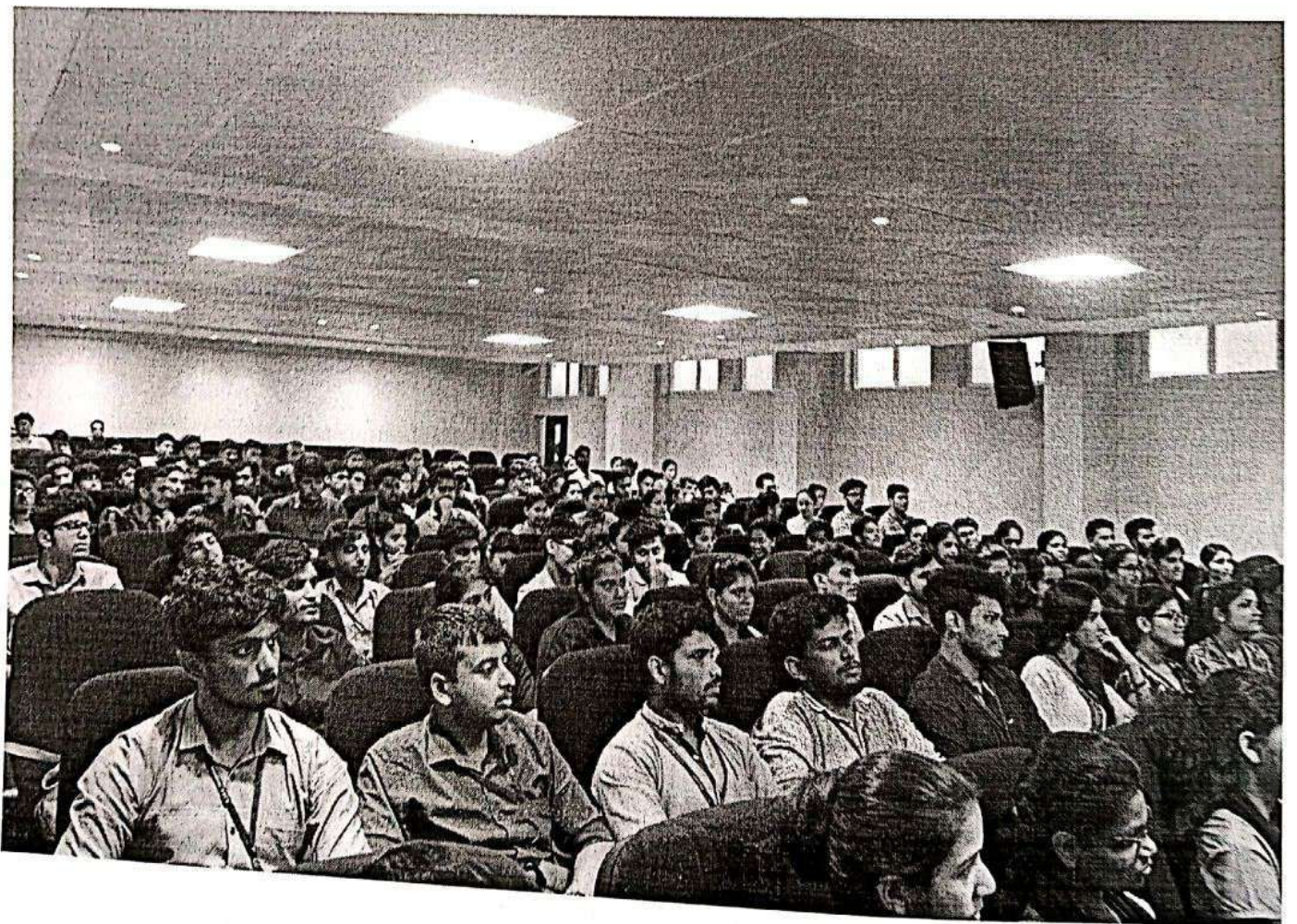
Audience: Staff and Students of SJEC

Report:

Women's Day is celebrated on March 8 worldwide, in this regard "Jagruti-prevention of sexual assault committee of SJEC organized a talk on "Gender Sensitization & Anti-Sexual Harassment" on April 4, 2019 at 12.00pm to 1.00pm in Prerana Hall , AB-III, I floor. In the session, speaker highlighted on following points: A situation or an act that makes a person uncomfortable/forces a person to do something unusual that greatly impacts his/her physical or mental health is harassment. Harassment comprises of not just the physical harassment. If a person's thoughts and actions impact someone else, and embarrasses them, the action is termed as Harassment. This act is found to be seen in several fields including workplaces, Institutions, public areas, public transport, and many more. At workplaces a boss could be harassing his/her employees. At an Institution, higher authorities could be harassing their subordinates or students could be a victim of harassment by the facilitators. Prevention of harassment is the need of the hour. Though harassment is found among both the genders, women are the major victims. Women should be aware of the laws passed against this act and also have knowledge regarding the provisions made. It is mandatory to have organizations in college that take care of the preventing harassment towards women. Awareness should be spread among women regarding their rights. As individuals it is our duty to report to the concerned authorities if subjected to any such harassment. It is also required that we raise our voices for those innocent people who are subjected to it, so that justice is made right. At the end of the session the resource person was honored with the memento and letter of appreciation. The session was appreciated by all the female students of SJEC.

Ms Jennifer C Saldanha

Coordinator-Jagruti





St Joseph Engineering College, Mangaluru-575028
Jagruthi-Prevention of Sexual Assault Committee

Attendance of the session on self defence "SWARAKSHA FOR WOMEN" by Mr. Karthik S Kateel Martial Arts Champion for all female students and staff of SJEC on Thursday, September 20, 2018 at 3.15pm.

Venue: Kalam Auditorium, 5th floor, AB-II

Dept: CSE/III/B

Sl. No	USN	Name	Signature
01	45017CS076	Deevi Ayanoo.	
02	45017CS074	Panchami Nayak	
03	45017CS081	Rachel Mendonsa	
04	45017CS111	Isreesa maria Antony	
05	45017CS109	Tara . V	
06		D.R. Radhanya	
07		Divyashree V	
08	45017CS100	Shethal R.	
09	45017CS088	Rovina R Souza	
10	45017CS108	SWEEDOL ASHICA PEREIRA	
11	45017CS071	NAVYASHREE	
12	45017CS104	SONAL RIYANA DSOUZA	
13	45017CS105	SREEDEVI SREEKUMAR	
14	-	ANUMITA PEREIRA	
15	-	Winslet Walter Dcunha	
16	-	Sowmya . S	
17	-	Deepthi	
18	-	Prashnitha	
19	-	Kavanasom	
20	-	Karthik K	
21	-	Kavanasom	
21	45017CS114	Vinaya Shetty	
22	45017CS091	Saloni Fernandes	
23	45017CS094	SHANAHAVI	
24	45017CS096	SHARNILA	
25	45017CS075	PAVANA	
26	-	DEEKSHA	
27	45017CS097	Shareel castelino	
28	45017CS086	Rishel Venisha Dsouza	
29	45017CS078	Bramitha	
30	45017CS077	Pooja . k . S	
31	45017CS080	Prateeksha Rai	
32	45017CS072	Nikitha	
33	45017CS073	Nishmitha	
34	45017CS084	Renisha	
35	45017CS099	Shetal	
36	45017CS113	Vanessa	
37	45017CS119	Zohra	

3. Organ Donation Awareness

A Talk on “Organ Donation Awareness” by **Dr Derick Lobo**, South East Asia Regional Advisor Rtd (WHO) in Association with Lions Club Kadri Hills was organized to educate the students and faculties of SJEC about the facilities available in hospitals and benefits of Organ Donation.

Date and Venue: 19 August 2016 Spoorthi Conference Hall, Pope John Paul Block Academic Block III.



A handwritten signature in black ink, consisting of a stylized 'R.' followed by a long horizontal stroke.



St Joseph Engineering College, Mangaluru-575028
Jagruthi-Prevention of Sexual Assault Committee

Attendance of the session on self defence "SWARAKSHA FOR WOMEN" by Mr. Karthik S Kateel Martial Arts Champion for all female students and staff of SJEC on Thursday, September 20, 2018 at 3.15pm.

Venue: Kalam Auditorium, 5th floor, AB-II

Dept: CSE

Sl. No	USN	Name	Signature
1.	45016CS092	Riona Steffi Nazareth	<i>[Signature]</i>
2.	45016CS074	Nikitha Borges	<i>[Signature]</i>
3.	45016CS079	Olive Lorenza	<i>[Signature]</i>
4.	45016CS096	S. B. Shubha	<i>[Signature]</i>
5	45016CS098	Sajini V B	<i>[Signature]</i>
6.	45016CS087	Rachel Pinto	<i>[Signature]</i>
7	45016CS081	Pallavi	<i>[Signature]</i>
8	45016CS082	Pooja CH	<i>[Signature]</i>
9	45016CS118	Vinita Stephae Abger	<i>[Signature]</i>
10	45017CS409	Nishali Krittika	<i>[Signature]</i>
11	45017CS415	sandhyashree	<i>[Signature]</i>
12	45017CS400	Aishwarya	<i>[Signature]</i>
13	45017CS412	Pooja Prajha	<i>[Signature]</i>
14	45017CS404	Chaitra Shetty BS	<i>[Signature]</i>
15	45017CS403	chaitra SR	<i>[Signature]</i>
16	45017CS405	Deeshma Shetty B.S	<i>[Signature]</i>
17	45017CS411	Poornima S. DB	<i>[Signature]</i>
18	45016CS009	Akshata Tandul	<i>[Signature]</i>
19.	45017CS413	Rasika N.S	<i>[Signature]</i>
20	45016CS085	Priya D. D	<i>[Signature]</i>
21	45016CS085	Rajani R	<i>[Signature]</i>
22	45016CS03	Shelvi Johnas	<i>[Signature]</i>
23	45016CS071	Neha	<i>[Signature]</i>
24	45016CS099	sanantha	<i>[Signature]</i>
25	45016CS091	Keena Rodrigues	<i>[Signature]</i>
26	45016CS106	Shreenidhi Shetty	<i>[Signature]</i>
27	45016CS120	Pooja H	<i>[Signature]</i>
28	45016CS121	Alpha Pejavar	<i>[Signature]</i>
29	45016CS117	vashitha	<i>[Signature]</i>
30	45016CS115	Vaishnavi	<i>[Signature]</i>
31	45016CS111	Stuthi	<i>[Signature]</i>
32	45016CS086	Ozeeta	<i>[Signature]</i>
33	45016CS116	Vineesha	<i>[Signature]</i>



St Joseph Engineering College, Mangaluru-575028
Jagruthi-Prevention of Sexual Assault Committee

Attendance of the session on self defence "SWARAKSHA FOR WOMEN" by Mr. Karthik S Kateel Martial Arts Champion for all female students and staff of SJEC on Thursday, September 20, 2018 at 3.15pm.

Dept: CSE I Year

Venue: Kalam Auditorium, 5th floor, AB-II

Sl. No	Roll No	Name	Signature
1.	H04	Abhisarika N Kambale	
2.	H10	Anisha D'Souza	
3.	H11	Ankitha	
4.	H12	Ankitha Rai K	
5.	H14	Anusha A T	
6.	H15	Anusha J Shetty	
7.	H16	Arpita D	
8.	H21	Athrika	
9.	H23	Carol Sharol Rebello	
10.	H25	Chaithra	
11.	H26	Christina Roslin George	
12.	H27	Clanita Anusha Mathias	
13.	H29	Daie Chelsea Vas	
14.	H32	Dhanushree S	
15.	H33	Dhanya G	
16.	H34	Dhanya K	
17.	H35	Dhanyashree	
18.	H36	Disha Tantry	
19.	H37	Diya R Sanghvi	
20.	H39	Dsouza Rhea Ancita Richard	
21.	H40	Evanka D'Souza	
22.	H41	Fathima Suha	
23.	H43	G Shivani	
24.	H47	H. Harshitha Nayak	
25.	H49	Janice Riona Mendes	
26.	H50	Jasmine Hazel Crasta	
27.	H52	Jenifer Carol Menezes	
28.	H53	Jennifer Serrao	
29.	H55	Jevita Maria Saldanha	
30.	H57	Joshal Shiny Pinto	
31.	H59	K Nisha	
32.	I02	Krithika P	
33.	I04	Laureen Maria Fernandes	
34.	I05	Leesha Riya Sequeira	
35.	I06	Lincia Grishma Dsouza	
36.	I07	Linet Prajna Aranha	

37.	I08	Maithri	Maithri
38.	I11	Melina Roshali Monteiro	Melina
39.	I12	Melisha Benny	Melisha
40.	I16	Neha K M	Neha K M
41.	I18	Nisha	Nisha
42.	I19	Nisha Melani Pinto	
43.	I20	Nishma A Nair	Nishma
44.	I26	Prathvi N B	
45.	I32	Revisha Shareen Vas	Revisha
46.	I33	Rhea Benedicta Dsouza	Rhea
47.	I34	S Sneha	S NEHA
48.	I35	Sana Parveen	
49.	I43	Shetty Lakshmi Jaysheel	Lakshmi
50.	I44	Shifali B.S.	
51.	I45	Shravya A	
52.	I46	Shriraksha	
53.	I47	Simonne Letetia Pinto	
54.	I48	Siona Crissel Dsouza	Siona
55.	I49	Siona Misha Nazareth	Siona
56.	I51	Srishti Bhandarkar	Srishti
57.	I52	Sudhiksha S Prabhu	Sudhiksha
58.	I53	Sujani K M	Sujani
59.	I54	Supritha G	Supritha
60.	I55	Swathi Prabhu K	Swathi
61.	I56	Tanusha Attavar	
62.	I58	Vaishnavi P. Samani	
63.	I59	Vandana Ann Goveas	Vandana
64.	I60	Vanessa Sharon Soans	
65.	I64	Yogeshwari S J	Yogeshwari

Ms Venita N Monteiro
Dept Coordinator

Ms Jennifer C Saldanha
Chief Coordinator



St Joseph Engineering College, Mangaluru-575028
Jagruthi-Prevention of Sexual Assault Committee

Attendance of the session on self defence "SWARAKSHA FOR WOMEN" by Mr. Karthik S Kateel Martial Arts Champion for all female students and staff of SJEC on Thursday, September 20, 2018 at 3.15pm.

Dept: Civil I Year

Venue: Kalam Auditorium, 5th floor, AB-II

Sl. No	Roll No	Name	Signature
1.	C03	Aksa Mathew	
2.	C07	Anoushka Pereira	
3.	C09	Anusha S Hegde	
4.	C11	Apeksha Alva	
5.	C16	Ayisha	
6.	C17	Chaitra S R	
7.	C18	Deeksha Anchan	
8.	C19	Dhanya Mohandas Naik	
9.	C23	K Vaishnavi Gowda	
10.	C26	Krithika S B	
11.	C28	Lizina Stephany Crasto	
12.	C29	Manasa R	
13.	C30	Meghashree	
14.	C41	Rachana N C	
15.	C43	Sahana N Naik	
16.	C44	Sambudde N R	
17.	C48	Sumalatha	
18.	C51	Tanvi J. Kotekar	
19.	C52	Varshitha	

Ms Venita N Monteiro
Dept Coordinator

Ms Jennifer C Saldanha
Chief Coordinator



St Joseph Engineering College, Mangaluru-575028
Jagruthi-Prevention of Sexual Assault Committee

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Venue: Kalam Auditorium, 5th floor, AB-II

Branch & Year: ENC I yr

Section : A

Sl. No	Roll No	Name	Signature
1	47	KAVYASHREE	Kavyashree
2	80	Disha Anchan	Disha
3	28	Dhanyashree	Dhanya
4	17	Aysha Sagar	Aysha
5	19	Benita Benoy	Benita
6	02	Abhilasha B	Abhilasha
7	06	Akriithi S. Panoo	Akriithi
8	53	Manjusha Rao	Manjusha Rao
9	50	Kritika Rai	Kritika
10	51	Lashika V. L	Lashika
11	07	Akshatha	Akshatha
12	58	Nagashree D. Nair	Nagashree
13	34	Frencita Telli	Frencita
14	04	Aishwarya	Aishwarya
15	31	Disha K. T	Disha
16	18	BM KHUSHI	Bm Khushi
17	48	keerthana	keerthana
18	12	Angusha Baby	Angusha
19	22	chavya	chavya
20	26	Denisha	Denisha
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Ms Smitha Maria D'Souza
Dept Coordinator

Ms Jennifer C Saldanha
Chief Coordinator



St Joseph Engineering College, Mangaluru-575028
Jagruthi-Prevention of Sexual Assault Committee

Attendance of the session on self defence "SWARAKSHA FOR WOMEN" by Mr. Karthik S Kateel Martial Arts Champion for all female students and staff of SJEC on Thursday, September 20, 2018 at 3.15pm.

Dept: ECE I Year

Venue: Kalam Auditorium, 5th floor, AB-II

Sl. No	Roll No	Name	Signature
1.	A02	Abhilasha B	Abhilasha B
2.	A04	Aishwarya	Aishwarya
3.	A05	Akanksha	
4.	A06	Akrithi S Panoor	Akrithi S
5.	A07	Akshatha	Akshatha
6.	A09	Amisha Rajesh K	
7.	A10	Angelica Albuquerque	
8.	A12	Anusha Baby	Anusha Baby
9.	A17	Aysha Razaana	Aysha Razaana
10.	A18	B M Khushi	B M Khushi
11.	A19	Benita Benoy	Benita
12.	A20	Bindu	
13.	A22	Chavya B Shetty	Chavya B Shetty
14.	A23	D Thejasvi Rao	
15.	A25	Deepali	
16.	A26	Denisha Priya Fernandes	Denisha Priya Fernandes
17.	A28	Dhanyashree	Dhanyashree
18.	A30	Disha Anchan	Disha Anchan
19.	A31	Disha R T	Disha R T
20.	A33	Fathimma Thahseen	
21.	A34	Frencita Tellis	Frencita Tellis
22.	A37	Harshitha D Acharya	
23.	A38	J Nithya Sri	
24.	A44	K A Esha Thangamma	
25.	A46	Karuna U Naik	
26.	A47	Kavyashree	Kavyashree
27.	A48	Keerthana	Keerthana
28.	A49	Keerthana S	
29.	A50	Krithi Rai	Krithi Rai
30.	A51	Loshika V L	Loshika V L
31.	A53	Manjusha Rao P	Manjusha Rao P
32.	A58	Nagashree D Naik	Nagashree D Naik
33.	B02	Poorva Vinod Naik	Poorva Vinod Naik
34.	B03	Pragathi A	Pragathi A
35.	B04	Prapthi M V	Prapthi M V
36.	B06	Pratheeksha Basrithaya	

37.	B07	Prathibha M P	
38.	B10	R Hima	<i>R Hima</i>
39.	B11	Raksha D D	<i>Raksha</i>
40.	B12	Raksha P.	<i>Raksha P.</i>
41.	B18	Sahana P H	<i>Sahana P</i>
42.	B19	Sahana U T	<i>(Sahana)</i>
43.	B22	Sanidhya H K	<i>Sahana</i>
44.	B27	Sharanya M S	<i>Sharanya M.S</i>
45.	B28	Sharon Frank	<i>Frank</i>
46.	B32	Shifani D'Souza	<i>Shifani</i>
47.	B33	Shilpa Shetty	<i>Shilpa</i>
48.	B35	Shivya G	
49.	B36	Shravya V	
50.	B40	Soujanya	
51.	B43	Soumya	<i>Soumya</i>
52.	B46	Sukthi Sulaya J.	
53.	B51	Tejashree	<i>Tejashree</i>
54.	B52	Vindhya K	<i>Vindhya</i>
55.	B53	Vinutha J.Y.	

Ms Venita N Monteiro
Dept Coordinator

Jane
Ms Jennifer C Saldanha
Chief Coordinator



St Joseph Engineering College, Mangaluru-575028
Jagruthi-Prevention of Sexual Assault Committee

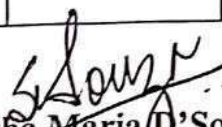
Attendance of the session on self defence "SWARAKSHA FOR WOMEN" by Mr. Karthik S
Kateel Martial Arts Champion for all female students and staff of SJEC on Thursday, September 20,
2018 at 3.15pm.

Venue: Kalam Auditorium, 5th floor, AB-II

Branch & Year: E&C I yr

Section : B

Sl. No	Roll No	Name	Signature
1	B27	SHARANYA M.S	Sharanya M.S
2	B28	SHARON FRANK	Frank
3	B32	SHIFANI D'SOUZA	Shifani
4	B11	RAKSHA . D . D	Raksha . D . D
5	B18	SAHANA P. H	Sahana
6	B02	POORVA V. N	Poorva
7	B03	PRAGATHI	Pragathi
8	B19	SAHANA	Sahana
9	B33	SHILPA	Shilpa
10	B07	PRATHIBA	Prathiba
11	B12	RAKSHA	Raksha . P
12	B10	R. HIMA	Hima
13	B51	TEJASHREE	Tejashree
14	B52	VINDHYA	Vindhya
15	B43	SOUMYA	Soumya
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Ms Smitha Maria D'Souza
Dept Coordinator


Ms Jennifer C Saldanha
Chief Coordinator



St. Joseph Engineering College, Mangaluru

Jagruthi-Prevention of Sexual Assault Committee

Attendance of the session on self defence "SWARAKSHA FOR WOMEN" by Mr. Karthik S Kateel Martial Arts Champion for all female students and staff of SJEC on Thursday, September 20, 2018 at 3.15pm.

Venue: Kalam Auditorium, 5th floor, AB-II

Branch & Year: Civil - I yr

Section : C

Sl. No	Roll No	Name	Signature
1	C29	MANASA	
2	C18	DEEKSHA	
3	C26	KRITHIKA .SB	
4	C44	SAMBUDDHE	
5	==	AYESHA	
6	C30	MEGHASHREE	
7	C19	DHANYA	
8	C28	LIZINA	
9	C51	TANVI	
10	C03	AKSA	
11	C16	AYISHA	
12	C23	K. VAISHNAVI	
13	C11	APEKSHA	
14	C48	SUMALATHA	
15	C17	CHAITRA	
16	C41	RACHANA	
17	C09	ANUSHA	
18	C07	ANOUSHKA	
19	C52	VARSHITA	
20	C43	Sahana . N . Naik	
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Ms Smitha Maria D'Souza
Dept Coordinator

Ms Jennifer C Saldanha
Chief Coordinator



St Joseph Engineering College, Mangaluru-575028
Jagruthi-Prevention of Sexual Assault Committee

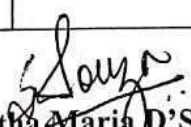
Attendance of the session on self defence "SWARAKSHA FOR WOMEN" by Mr. Karthik S Kateel Martial Arts Champion for all female students and staff of SJEC on Thursday, September 20, 2018 at 3.15pm.

Venue: Kalam Auditorium, 5th floor, AB-II

Branch & Year: E&E - I yr

Section : D

Sl. No	Roll No	Name	Signature
1	D08	ANJUSHA C.L.	Anjusha
2	D47	VARSHITHA S.	Varshitha S.
3	D43	SINCHANA	Singh
4	D21	JYOTHI	Jyothi
5	D12	DHANYASHREE	Dhanyashree
6	D49	VIVEL	Vivel
7	D23	MONISHA	Monisha
8	D03	ADRIANA	Adriana
9	D25	MARIA STEFFI NAZARATH	Maria Steffi
10	D05	AMRUTHA	Amrutha
11	D46	THRIPTHI DK	Thripti DK
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Ms Smitha Maria D'Souza
Dept Coordinator


Ms Jennifer C Saldanha
Chief Coordinator



St Joseph Engineering College, Mangaluru-575028
Jagruthi-Prevention of Sexual Assault Committee

Attendance of the session on self defence "SWARAKSHA FOR WOMEN" by Mr. Karthik S Kateel Martial Arts Champion for all female students and staff of SJEC on Thursday, September 20, 2018 at 3.15pm.

Venue: Kalam Auditorium, 5th Floor, AB-II

Dept: CE

Sl. No	USN	Name	Signature
1	4SO14CV014	Deeksha V	
2	4SO14CV051	Vaishnavi T Rajeev	
3	4SO15CV005	Alisha Jose	
4	4SO15CV006	Anaswara Balan	
5	4SO15CV013	Darshana K.	
6	4SO15CV017	Fathima Tanisha	
7	4SO15CV020	Kavya P. C.	
8	4SO15CV025	Mahima S. Rao	
9	4SO15CV026	Mariya Rebeka Gregory Gomes	
10	4SO15CV031	Mohita M. Manjrekar	
11	4SO15CV039	Pooja Prakash	
12	4SO15CV046	Rashma P Payyal	
13	4SO15CV056	Sivatha S	
14	4SO15CV057	Sonal Preeti Moras	
15	4SO15CV058	Stephy K. S.	
16	4SO15CV059	Sushma Dsouza	
17	4SO15CV060	Teena Twinkle Monteiro	
18	4SO15CV062	Vaz Caliba Mariola	
19	4SO15CV064	Karishma P T	
20	4SO16CV401	Amitha	
21	4SO16CV404	Karuna Gangappa	
22	4SO16CV407	Mamatha	

Ms. Vani D
Dept Coordinator

Ms Jennifer C Saldanha
Chief Coordinator



St Joseph Engineering College, Mangaluru-575028
Jagruthi-Prevention of Sexual Assault Committee

Attendance of the session on self defence "SWARAKSHA FOR WOMEN" by Mr. Karthik S Kateel Martial Arts Champion for all female students and staff of SJEC on Thursday, September 20, 2018 at 3.15pm.

Venue: Kalam Auditorium, 5th Floor, AB-II

Dept: CE

Sl. No	USN	Name	Signature
1	4SO16CV002	Anavadya Divakaran. M	
2	4SO16CV004	Athira Vijayakumar	
3	4SO16CV005	Deepika R	
4	4SO16CV006	Deepthi Thamban	
5	4SO16CV009	Jahnvi U Mulki	
6	4SO16CV010	Jayashree K P	
7	4SO16CV017	Manisha Kottary	
8	4SO16CV030	Pooja L	
9	4SO16CV032	Pratibha Sannagoudra	
10	4SO16CV044	Swasthi S. Adappa	
11	4SO17CV402	Anuradha H R	
12	4SO17CV408	Manjula .	
13	4SO17CV412	Parvati Ganapati Naik	
14	4SO17CV417	Shabrin M M	
15	4SO17CV418	Sheelavanthi	

16 4SO17CV419 Jhijpa.p
 17 4SO16CV042. sreeranjini-M

Ms. Vani D
Dept Coordinator

Ms Jennifer C Saldanha
Chief Coordinator



St Joseph Engineering College, Mangaluru-575022
Jagruthi-Prevention of Sexual Assault Committee

Attendance of the session on self defence "SWARAKSHA FOR WOMEN" by Mr. Karthik K
Kateel Martial Arts Champion for all female students and staff of SJEC on Thursday,
September 20, 2018 at 3.15pm.

Venue: Kalam Auditorium, 5th Floor, AB-II

Dept: CE

Sl. No	USN	Name	Signature
1	4SO17CV007	Aparna Jogi	
2	4SO17CV009	Charavi J K	
3	4SO17CV014	Greeshma M Salian	
4	4SO17CV017	Jessica Goveas	
5	XXXXXXXXXX	XXXXXXXXXX	
6	4SO17CV027	Neha Bhengra	
7	4SO17CV031	Rajitha	
8	4SO17CV035	Sanjana S D	
9	4SO17CV036	Sanjana Theyyathar Kandy Rajeev	
10	4SO17CV040	Sharen Mendonca	
11	4SO17CV045	Shwetha	
12	4SO17CV046	Sneha T K	
13	4SO17CV048	Sowndarya V C	
14	4SO17CV050	Vibha Suresh	
15	4SO17CV053	Welvina Olinda Veigas	
16	LE 03	Ananya A Shetty	
17	LE 04	Florine D'Souza	
18	LE 06	Kusuma Bovi	

19

Ms. Vani D
Dept Coordinator

Venilla Manikanta

~~Florine~~ ~~Manikanta~~

~~Florine~~

Ms Jennifer C Saldanha
Chief Coordinator



St Joseph Engineering College, Mangaluru-575028
Jagruthi-Prevention of Sexual Assault Committee

Attendance of the session on self defence "SWARAKSHA FOR WOMEN" by Mr. Karthik S Kateel Martial Arts Champion for all female students and staff of SJEC on Thursday, September 20, 2018 at 3.15pm.

Venue: Kalam Auditorium, 5th floor, AB-II

Dept: MCA

Sl. No	USN	Name	Signature
1	45017MCA18	SWEENEY D'SOUZA	
2	45017MCA10	M. ARPITHA	
3.	45017MCA19	Shweta Celina Gonsalves	
4.	45017MCA17	Ramya	
5	45017MCA06	DONITA JANE THERESA DSOUZA	
6.	45017MCA07	DSILVA DIONA DANIEL	
7.	45017MCA08	DSILVA FIONA DANIEL	
8.	45017MCA13	POOJARY HARSHITHA ASHOK	
9.		Ryuthi	
10		Harshitha K.A	
11		Spathi B.N	
12		Manasa B	
13	45017MCA02	Anisha Souza	
14	45017MCA12	Nishitha N. G	
15.		M. Shrawya	
16.		Shreelakshmi	
17.		Rakshitha	
18.		Aysha Nazneen	
19		Amulya	
20	45017MCA04	Ashika M Shetty	
21.		Manosa - Poo.D	



St Joseph Engineering College, Mangaluru-575028
Jagruthi-Prevention of Sexual Assault Committee

Date: 27 -09-2018

Name of the Programme: SWARAKSHA FOR WOMEN

Time: 3.15 to 5.00pm

Date: September 20, 2018

Venue: Kalam Auditorium

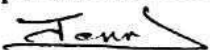
Resource Person: Mr Karthik S Kateel, Founder of Swaraksha For Women Trust

Audience: Female Staff and Students of SJEC

Report:

In the present day context women's safety is of great concern. Hence all women should be aware of self defence techniques. To enlighten on this subject "Jagruthi-prevention of sexual assault committee of SJEC organized Swaraksha for Women- A self defence programme for the female students of SJEC on September 20, 2018 from 3.15pm to 5.00pm in the Kalam Auditorium. Martial Arts Champion Mr Karthik S Kateel was the resource person of the programme. Ms Sharvya, student of final year B.E-ECE introduced the guest to the gathering. Director SJEC, Rev Fr Wilfred Prakash D'Souza florally welcomed the guest Mr Karthik S Kateel and his mother Mrs Shobhalatha. In his session he mentioned about difference between good touch and bad touch, women psychology, consequences of uploading the photos on social networking sites etc. He taught some self defence techniques to prevent the advances of opponent when one finds themselves in danger. At the end of the session the resource person was honoured with the memento and letter of appreciation. The session was appreciated by all the female students of SJEC.

Report submitted by


27/9/18

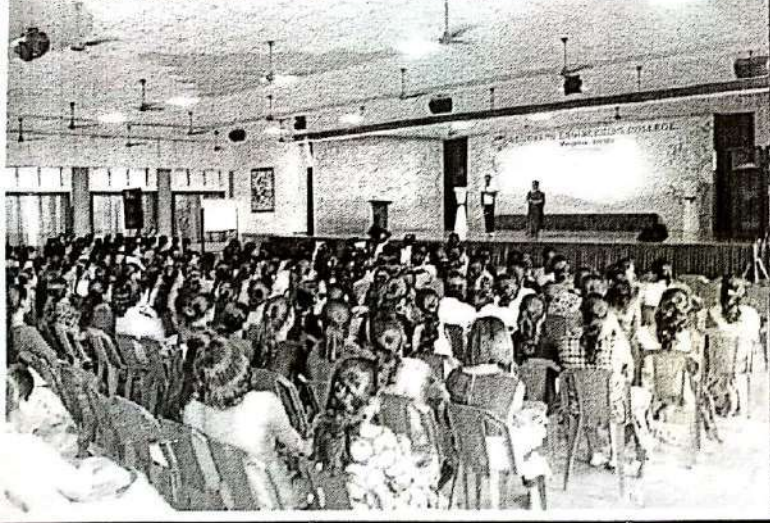
Ms Jennifer C Saldanha

Coordinator-Jagruthi

600 STUDENTS TRAINED BY KARTHIK S KATEEL AT ST JOSEPH ENGINEERING COLLEGE, VAMANJOOR, MANGALORE



ST JOSEPH ENGINEERING
Mangaluru - 575 028



SWARAKSHA FOR WOMEN TRUST (R)
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DOCTORS, PROFESSORS AND SUBJECTS

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TRAINING BY MARTIAL ARTS EXPONENT
KARTHIK S KATEEL

Report on Swatch Bharat and Visit to Bala Yesu

On 2nd October NSS SJEC unit organised a campaign for “Swatch Bharat” in and around our campus. Around 40 volunteers were present for the event.

The event started at 10am, Gloves and brooms were provided for all volunteers for safety during the campaign.

Our beloved director, Fr. Joseph Lobo also visited us during the event and appreciated all the NSS volunteers for participation in making surroundings a cleaner and better place.

A pick-up truck was provided by the college to help dump the waste collected from the campus surroundings to the dump yard.

Two grass cutters were arranged by NSS to clear out all the weeds growing around the campus.

A chilled drink was also served around 11:30 for all the volunteers involved in cleaning the nearby campus.



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Per Person Per Person

Starting From : 20-06-2016 Day : Mon
Timing : 12 Noon to 3:30 PM

CONTACT : 0824-7082525 | 9663257100 FOR



Ms Ivy Dantis, took the responsibility of preparing food and refreshments with the help of and a hostel staff Ms Gretta along with a few volunteers.





Lunch was served around 1pm. After lunch a visit to Bala Yesu Girls Orphanage, Mary hill was organised. A bus was arranged by the college to and from the orphanage. All the volunteers made time to spend time with the kids. Games and other activities were arranged for the kids. Educational books, Snacks and water bottles for their overall development were provided. The event was concluded at 5PM with big smiles on everyone's faces.

SOCIAL RESPONSIBILITY ON ACCOUNT OF DAAN UTSAV 2017

The AICUF ,students association of St. Joseph Engineering College, Mangalore had taken part in the social responsibility challenge,An act of giving,on account of Daan Utsav 2017 from 2nd to 8th October 2017, along with CIPHER and CSI organizations.

The Association celebrated the charity week by organising a campaign of plastic free campus at St. Joseph Engineering College, Mangalore on 5th October 2017 from 10:30 AM to 12:30PM. The activity was followed by the fund raising events organised at St. Joseph Engineering college campus for next couple of days i.e on 6th and 7th of October.Number of stalls were set up in the college campus,items were auctioned among the crowd and funds were collected from the students, including well conditioned clothes and other daily products.The amount collected was about Rs.45,000 which was divided equally among the associations which brought Rs.15,000 to AICUF .

The final activity of the charity week involved a visit to infant Mary convent - an orphanage, on 8th October 2017.The students spent time with the beautiful souls and donated the amount Rs.15,000 collected.







ABHAYA ASHRAYA Ph.: 0824-2494838
P.O. ASSAIGOLI - 574 199 0824-2287236
MANGALURU TQ. (S INDIA)

R.No. **4593** RECEIPT Date: **09-10-2017**

Received with thanks from **Students & Staff, St. Joseph Engineering College, Varanasi, Mangalore**
the sum of Rupees **Fifteen Thousand only -**
by cash / cheque / DD No. **cash** on
being payment of towards **Donation**

Rs. 15000/-
Cheques subject to realization

Ch. A. Dept.
Signature / Designation

[Signature]
Treasurer

A REPORT ON ACTIVITY OF PLANTING OF SAPLINGS

BY

NATIONAL SERVICE SCHEME, SJEC UNIT



**Held on Friday, 7th of September 2018
At 4.00 PM.**



ST. JOSEPH ENGINEERING COLLEGE

Vamanjoor, Mangaluru - 575028, India

The activity of Planting of saplings, undertaken by NSS volunteers of St Joseph Engineering College Vamanjoor, was held on 7th September 2018. It was a memorable evening as fun blended with a cause of protecting nature. The venue for planting the saplings was near girls hostel SJEC.

The event started at 4pm with a NSS prayer by Ankitha and Apeksha. Following this was inspiring words about protecting nature by, Dr Rio D' Souza, Principal SJEC. Rev Fr Wilfred Prakash D'Souza , Director of SJEC also appreciated the initiative taken and encouraged to have more activities and camps by NSS. Assistant Director Rev Fr Rohith D'Costa was also present and appreciated the work.

Different kinds of plants like banana and mango were brought in prior. Many pits where dug to plant these saplings with the help of housekeeping staffs. The activity was inaugurated by the management by planting a sapling, adding manure and watering it. After the inauguration, a vote of thanks was given by Nidhishree B of 4th year E&C. After the formal function, the NSS volunteers planted saplings, added manure and watered them. Students enjoyed the activity and understood the importance and happiness they get in planting saplings. The event ended at around 5.00 pm. At the end, refreshment was given for everyone present.

The master of ceremony for the evening was Ankitha Shetty of 4th year E&C.

The arrangements needed for the activity was done by the house keeping staff of SJEC.

NSS Coordinator Rajesh K, President Chetan Ramesh of 4th year Mechanical and the treasurer Dheeraj Hegde of 4th year Civil took initiatives to coordinate the entire event.

Report of talk on healthy diet by Dt.Sanjana Shenoy

A talk on healthy diet by Dt.Sanjana Shenoy, HOD of the department of Food, Nutrition and Dietetics at Besant Women's College, Mangaluru was organized by NSS UNIT of SJEC on 22/10/2018 in Spoorthi Hall at 3:00PM in ACADAMIC BLOCK 3.The student coordinator Mr.CHETHAN welcomed the resource person. Mrs. Sanjana Shenoy started with the presentation which was lively and interactive. She said that diet and health go hand in hand. She spoke about basic components of healthy lifestyle diet, healthy eating habits, and common problems arising out of a flawed diet. She said that the eating habits of most Indians were the one practiced by our forefathers and they were quite healthy unlike today's generation. Her motto is to "Eat Healthy and Stay Fit". About 200 students attended this programme. The programme was coordinated by NSS coordinators Mr.Rajesh K and Mrs.Divya K.Pai.





Report of AICUF Visit to Govt. Higher Primary School, Thiruvail, Mangaluru

AICUF SJEC unit has organized a visit to Govt. Higher Primary School, Thiruvail, Mangaluru as a part of social interaction of our students with the outside world on 17th November 2018 from 9.30 am till 1.00 pm. AICUF staff coordinators Ms Ivy Savia Dantis and Mr. Swaraj Dominic Lewis coordinated the activities along with 14 student volunteers.

The day started with an informative talk on self-hygiene and environmental awareness for IV to VII standard students. A small singing and dancing session was also conducted for the students. This was followed by games in the school ground for all classes i.e. I to VII standard, 135 students participated in the activities.



Prizes were given to the winners of games from each standard. The refreshments were served to the students and staff of the school. Our presence was greatly appreciated by the head master and the school staff.



A REPORT ON SWACHATA ABHIYAN

ORGANIZED BY

**NATIONAL SERVICE SCHEME, SJEC UNIT
AND
DEPARTMENT OF PHYSICAL EDUCATION**



Held on 17th November 2018



ST. JOSEPH ENGINEERING COLLEGE

Vamanjoor, Mangaluru - 575028

NSS SJEC unit & Department of Physical Education had organized a cleanliness drive on 17th November 2018 from 8:00 am till 11:30 am. The formal programme was held outside the college main gate. Apeksha & Ankitha Rai delivered the NSS prayer song. The inaugural program was addressed by Dr.Rio D'Souza, Principal SJEC. In his speech he stressed about the importance of cleanliness. He inspired the students to actively involve in the Swachata Abhiyan. He also appreciated the NSS prayer song. He congratulated the students for taking part in the programme. Loshika compered the programme. More than 60 volunteers representing NSS, YRC & Department of Physical Education participated in the cleanliness drive. The cleaning was done from Mangalajyothi till the Church complex. Bushes and grass near to the college entrance were cut by the volunteers. College had provided one grass cutter with operator and two workers to help the volunteers. Further, a tipper and all the necessary requirements to clean the surroundings were provided by the college. All the volunteers actively participated in the cleanliness drive. Drinking water facility was provided during the activity. All were provided with refreshments. Sneha Bazar sponsored cold drinks to the students. NSS coordinator Mr. Rajesh K and Ms Divya Pai, Ms Vaneesha V Rodrigues, Assistant Physical Education Director and Ms Prajwal D'Souza, Mr Clavian Miranda guided the volunteers.





St Joseph Engineering College, Vamanjoor

AICUF - SJEC UNIT



A talk on Stress Management

The AICUF-SJEC unit had conducted a talk on stress management and addiction in youth on 20th December 2018 in Spoorthi conference hall from 10:00 am till 11:30am. The talk was arranged for the 1st year students.

A talk has been conducted by Dr. Caroline P D'souza, Psychiatrist, Mangalore along with Economic and Narcotics department, Mangalore in related to their antidrug campaign.

The talk was started with a formal inauguration function. Rev.Fr Rohith D'Costa, Assistant Director, SJEC, Dr Rio Dsouza, Principal-SJEC, Ms Ivy Savia Dantis and Mr Swaraj Dominic Lewis, Coordinators of AICUF were present.

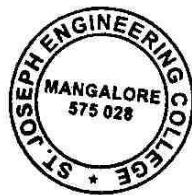
Dr. Rio Dsouza welcomed the speaker.



REPORT OF NSS SPECIAL CAMP

The NSS Special Camp of St Joseph Engineering College, Vamanjoor, Mangaluru was held from 19th January to 25th January 2019 in the premises of St Sebastian Higher Primary School, Hosabettu, Moodbidri. The Inauguration ceremony was held on 19th January 2019. The camp was inaugurated by Mrs Rita Cutinha, Member of Taluk Panchayath and President of the Standing committee, Mangaluru Taluk Panchayath, by lighting the lamp. She assured wholehearted co-operation for the success of the camp. Rev Fr. Santosh Rodrigues, Parish Priest of Holy Cross Church, Hosabettu, Moodbidri, graced the occasion. The program was presided by Rev Fr Rohith D'costa, Assistant director, St. Joseph Engineering College, Vamanjoor, Mangaluru. Mrs Precilla Pinto, Headmistress, St Sebastian Higher Primary School, Hosabettu, Mr Basil Colaco, Vice President, Holy Cross Church Committee, Hosabettu, Mr Manohar Cuntinha, Secretary, Holy Cross Church Committee, Hosabettu, Sr. Laveena, Superior, BSDP Sisters Congregation, Dr Sudheer M, Principal in charge, St Joseph Engineering College, Vamanjoor, Mangaluru were the guests of honor. There were a total of 52 participants along with staff members. The programme began with invoking god's blessings. Mr Rajesh K, NSS programme officer welcomed the gathering. Rev Fr Santosh Rodrigues in his speech stressed about the importance of social service and congratulated the students for attending the camp. Rev Fr. Rohith D'costa, in his speech motivated the students to actively participate in the camp. Dr Sudheer M, Principal in charge-SJEC, briefed the students about the role of NSS in nation building and inspired the students to actively involve themselves in social service. Ms Nidhishree proposed the vote of thanks. Ms Nandini compered the programme.

Shramadhan was conducted during the special camp. Volunteers had cleaned the bushes on either side of the main road, near to the school entrance. They also cleaned the premises of the church. As part of the Shramadhan activity, the soil was dug for rain water harvesting and recharge pits were created in the church premises. During the Special camp, yoga sessions were held for half an hour. Flag hoisting ceremony was organized every day in the morning. In the afternoon there were lecture series arranged for the students. Snake Kiran shared his knowledge about snakes and enlightened the students about the importance of snakes. Mr Ronald D'souza, Aquatic Bio systems Mangaluru shared his experience about fisheries. Students also had a visit to few of the famous places in Karkala, namely St Lawrence Church, Attur, Koti Chennaya theme park and Gomateshwara temple Karkala. Students also visited Hosabettu village and interacted with the villagers. At the end of each day, games and cultural programs were conducted by the students. All the participants of the camp came forward to showcase their talents. Valedictory programme was held on 24th January 2019. Dr Rio D'Souza, Principal SJEC appreciated the students for being part of the special camp and suggested to come up with similar programmes in the future. Rev Fr Wilfred Prakash D'Souza, Director SJEC appreciated the students for attending the camp even though they had holidays. Rev Fr. Santosh Rodrigues, Parish Priest of Holy Cross Church, Hosabettu, Moodbidri appreciated the students for their discipline and dedication during the special camp. Dr Joseph Gonsalvis, Chief of R&D SJEC was the guest of honor. Mr Ananth Kamath welcomed the gathering. Mr Rajesh K proposed the vote of thanks. Ms Nandini compered the programme.



SPONSORSHIPS RECEIVED

1. Rita Cutinha, Taluk panchayath Member-Rs.5000/-
2. Ms Shraddha and Mr Rakshith, Alumni of SJEC transferred an amount of Rs.1000/-to the account of Mr Chethan.NSS volunteers collected some more amounts and sponsored Ice cream to all the students. (Worth of Rs.2000/-)
3. Rev.Fr Rohith D'Costa, Assistant Director SJEC has sponsored Rice and Coconuts.
4. Dr Vincent Crasta, Dr Rajesh Kumar P C, Dr Jyothi and Ms Pramila D'Souza Sponsored Snacks.
5. Ms Vanisha Rodrigues has sponsored Ice Cream and chocolates.
6. Mr Ashwin Shetty, Mr Nithesh Nayak, Mr Rahul and Mr Mahesh has sponsored butter milk and cakes.
7. Dennis Fernandes, Convener Church Committee, Hosabettu has sponsored Appam.
8. Rev. Fr Santhosh Rodrigues, Parish Priest of Holy Cross Church Hosabettu, Sponsored Snacks and juice on account of his birthday.

REPORT ON BLOOD DONATION CAMP

ORGANIZED BY

NATIONAL SERVICE SCHEME

ST. JOSEPH ENGINEERING COLLEGE

MANGALURU



1969-2019

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A blood donation camp was organized by NSS Unit of SJEC in association with Father Muller's Medical College Hospital Mangaluru on 8th May 2019 in the Bethania Hall of SJEC from 9:15 am to 1:30pm.

Ms Aniceta welcomed the gathering. The event began with an NSS prayer by Ankitha and Apeksha. Dr Rio D'Souza, Principal SJEC, in his speech stressed about the importance of blood donation. He said that blood donation is a noble cause as it helps to save human lives. Rev Fr Wilfred Prakash D'Souza, Director SJEC, Rev Fr Rohith D'Costa, Assistant Director SJEC, Dr Joseph Gonsalves, Chief of R&D and Mr Rajesh K, NSS coordinator SJEC were present on the dais. Dr Charu Khosla, Assistant Professor, Department of Pathology, Father Muller's Medical College Hospital was the Chief Guest for the event. She urged the students to donate blood in large numbers since there is no replacement for blood and it can save many lives. Mr Chethan proposed the vote of thanks. The master of ceremony for the event was Nandini of 3rd year E&C.

Thirteen staff members from Father Muller's Medical College Hospital have come to organize the blood donation camp in our college. Around 25 volunteers of NSS helped for the smooth conduction of the programme. Mr Gerald Fernandes and Ms Divya Pai were present during the event. Around 180 students have come forward to donate blood and among them 106 students voluntarily donated blood. Refreshments and lunch was served for all the volunteers and the staff of FMMCH.





NSS & YRC: Fund Raiser Campaigns

Apr 12, 2017

The NSS and YRC (Youth Red Cross) wing of SJEC-Mangaluru had organized a fund raising campaign to provide financial assistance to help Mr Abhishek Prasanna, S/O Late Mr Gurudatt and Mrs Jayanthi, aged 15 and pursuing his education at NMPT - Panambur. Abhishek was diagnosed with AML (Acute Myeloid Leukemia-Blood Cancer). A total sum of Rs 1,38,650 /- has been raised from the College. Rev. Fr Joseph J. Lobo, Director - SJEC handed over the cheque to Mrs Jayanthi on 12th April, 2017. Dr Joseph Gonsalvis – Principal-SJEC, Rev. Fr Rohith D’Costa, Assistant Director-SJEC, Dr Rio D’Souza, Vice Principal-SJEC, and Mr Godfrey E. Pinto, HR Manager – SJEC, along with all the NSS & YRC volunteers were present on the occasion. SJEC prays for the speedy recovery of Abhishek.

On the same day, an amount of Rs 10,000/- was handed over to Mr Shekar from Nitte, as financial support for his physically challenged children, Prajwal and Pratheeksha. The amount was raised as proceedings from the Food and Games Stalls that were installed by NSS and YRC during the SJEC Annual Athletic Meet Go-For-Gold 2017 on 16 February 2017.

SJEC prays for the welfare of Prajwal and Pratheeksha.

Mr Prasad S.M., NSS and YRC Coordinator of SJEC, was present on the occasion. SJEC truly appreciates his efforts in carrying out these outreach activities.



A handwritten signature in black ink, appearing to be "P. L.", with a long, sweeping underline.

Jagruti: Session on Mental Health

Sep 29, 2016 @ 3:30 PM

Good mental health is fundamental to quality of life and physical health. It contributes to the ability to find satisfying social roles in life and allows people to form positive relationships with others. Mental health issues affect not only the young person, but also their family, careers, friends and the wider community. To enlighten on this, Jagruti Committee, SJEC and Lions & Leo Club, Kadri Hills, Mangaluru jointly organized a useful session for the female students at St Joseph Engineering College, Mangaluru on 29th September, 2016 at 3:30 PM. Dr Sufala S Kotian, Professor Shree Devi College of Engineering, was invited to give awareness on mental health.

The Speaker gave information on how a person's mental health is influenced by his/her family, college, society & friends. Dr Sufala also illustrated some of the real incidents she had come across in her students regarding to their mental health. She also insisted on keeping good mental health balance every day. She said that genetics could also be a factor in the development of a mental condition. Therefore it is important to consider mental health seriously and to seek help if one is at risk.

The session concluded at 4:50 PM. Around, 75 girls participated in the programme.

Dr Sufala S Kotian was felicitated with a college memento as a token of appreciation.



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SJEC Alumni Association Mangalore Chapter: Blood Donation Camp

Sep 7, 2016

SJEC and SJEC Alumni Association- Mangalore Chapter joined hands with White Doves and Wenlock Hospital, Mangaluru for a noble cause in organizing voluntary blood donation camp on 7th September 2016, which encouraged the students, staff and alumni to come in big numbers to donate the blood for the Wenlock Hospital and Red Cross, Mangaluru Blood Bank.

The program began with the formal function. Mr Nelson Castelino president of the SJEC Alumni welcomed the dignitaries. Dr Sharath Kumar, Medical Officer and Blood bank in charge Wenlock Hospital spoke on the occasion about the importance of donating blood. Corrine Rasquinha - founder president of White Doves who was the Chief Guest spoke on life in the blood and also gave her personal experiences on the plight of the poor patients in dire need of blood and having no one to help them. She encouraged the students to be permanent donors. Fr Rohith D'Costa, Assistant Director encouraged the students to make a choice to a save live through voluntary blood donation. He encouraged the students to donate blood which will give them a sense of wellbeing. Principal of SJEC Dr. Joseph Gonsalvis, Vice Principal Dr Rio D'Souza and Dean of Student Welfare and Alumni Affairs, Dr Vincent Crasta, were the dignitaries present on the dais. The formal function ended with a vote of thanks by Mr Carlton Sequeira. The program was well compered by MrJoel Concessao.

The students and staff of SJEC came in large numbers to donate blood. 129 units of blood were collected. The camp which commenced at 9.30 am concluded at 4 pm.



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Inauguration of Yuvalakshya 2016

Feb 10, 2016 @ 9:30 AM

Yuvalakshya 2016 - a UG Level Fest is being organized by the Departments of Business Administration (MBA) and Computer Applications (MCA) of St Joseph Engineering College, Mangaluru. The fest is being organized for the students of BCA, BSc, BCom and BBM students from in and around Karnataka. Yuvalakshya 2016 was inaugurated on Wednesday, 10th February 2016 with the lighting the lamp by the dignitaries which included Mr Brian Fernandes, Chief Officer-Operations, Spearhead Media [P] Ltd, who was the Chief Guest at the Inaugural Function. The other dignitaries present on the dais were Rev Fr Joseph Lobo, Director-SJEC who presided over the ceremony, Rev Fr Rohith D'Costa, Assistant Director-SJEC, Dr Joseph Gonsalvis, Principal-SJEC, Dr Rio D'Souza, Vice Principal/Dean-MCA-SJEC, Dr Prakash Pinto, Dean MBA/Convener Yuvalakshya and Ms Anushree Raj, HOD MCA/Co-Convener Yuvalakshya. The function began by the invocation of the Divine. The gathering was welcomed by Ms Varsha Baliga - I MBA, who extended warm wishes to all the people present during the Inaugural and dignitaries were then felicitated by the students. This was followed by the Lighting of the Lamp which officially declared Yuvalakshya 2016 open. The Chief Guest, Mr Brian Fernandes addressed the gathering wherein he

stressed the importance of excelling in the field of an individual's choice. He mentioned that every individual is unique and special in their own right. He also urged the participants to compete with themselves in order to get the best out of them. At the end, he wished that Yuvalakshya would become a grand success and appreciated the organizers for organizing an event of this stature. This was followed by the addressing of the gathering by the Principal and Director who motivated the participants with their words of



wisdom. The newsletters of MBA Department - Yuktha and MCA Department - Tantrakosha, were released by the dignitaries during the occasion. The curtains were drawn on the Inauguration Ceremony with the Vote of Thanks delivered by Mr Johnson Mascarenhas, I MBA, thereby declaring the fest open to all. The MC's role for the inaugural ceremony was donned by Ms Diana Mathias from I year MBA. The Inaugural programme was followed by a video presentation which introduced SJEC to the participants from various UG Colleges. The events are being conducted by the students of MBA and MCA with the judges being invited from in and out of the college. All in all 25 teams have registered for Yuvalakshya 2016 under BCom and BBM category and 27 teams under the category of BCA and BSc. Around 500 participants are being a part of the fest. The fest is comprised of 9 events namely - Ashwamedha (Business Quiz), Padmavyuha (Mad Ad), Akriti (Painting) and Koshadhyaksh (Treasure Hunt) which are being conducted by the department of MBA for the students of BCom and BBM along with IT Quiz, IT Collage, IT Product Launch, IT Dumb Charades and Gaming which are being conducted by the department of MCA for the students of BCA and BSc. The events are designed to test the management and technical mettle of the participants.



Jagruti: Talk on Adolescent Health Aspects

Sep 11, 2015 @ 3:30 PM

Adolescent health has become a concern in present day as junk food and internet browsing is a top priority of any adolescent. To create awareness on this issue, Dr Jessy Maria D Souza was invited to give a talk on "Adolescent Health Aspects". The programme was held on 11th September 2015 in Fr Fred Memorial Hall at 3:30 pm.

Dr Jessy provided insights on nutritional requirements in food. She explained that junk food are usually low in fibrous content and are rich in fat and carbohydrates which decreases the ability of students to focus and concentrate. This might adversely affect their academic performances. Dr Jessy also suggested regular exercise and meditation is very important for any individual to overcome stress. She explained that most successful people start their day early in the morning. Also she showed a video clipping which demonstrated how internet browsing has become habitual for teenagers and has spoilt their daily routine work. Around 60 students participated in the programme. Ms Bharathi Rao and staff members of Jagruti committee coordinated the programme.



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SJEC Alumni Association: Blood Donation Camp

Sep 3, 2015

SJEC and the SJEC Alumni Association joined hands with White Doves and Wenlock Hospital Mangaluru for a noble cause in organizing voluntary blood donation camp on 3rd September 2015, which encouraged the students, staff and alumni to come in big numbers to donate blood for the Wenlock Hospital Blood Bank.

The program began with a formal function. Mr Nelson Castelino, President of the SJEC Alumni Association welcomed the dignitaries. Dr Sharath Kumar, Medical Officer and Blood Bank in-charge of Wenlock Hospital, spoke on the occasion about the importance of donating blood. He said, in a human body there is 5.75 liters of blood of which only 3.5 liters is required for normal functioning of the body. From the extra quantity of blood, 350 ml of blood can be sagely donated which benefits the donor. He also highlighted issues about women during night-delivery going into a crisis situation with profuse bleeding. The need to save that life greatly depends on the blood to be given to the women during labor.

Ms Corrine Rasquinha, Founder President of White Doves, who was the Chief Guest for the ceremony, spoke on life in the blood and quoted from the Bible, from the Book of Genesis, on how the blood was crying out for justice. She also gave her personal experiences on the plight of the poor patients in dire need of blood and having no one to help them. She encouraged the students to be permanent donors. Rev. Fr Joseph Lobo, the Director of SJEC, also quoted the Bible speaking on the parable of the good Samaritan, telling his students that they have a choice to save a life through voluntary blood donation. He encouraged the students to donate blood which will give them a sense of well being. Principal of SJEC Dr Joseph Gonsalvis, Dean of Student Welfare and Alumni Affairs, Dr Vincent Crasta, Treasurer and Secretary White Doves Mr Jerome Coelho, and others were the dignitaries on the dais. The formal function ended with a vote of thanks by Evita Coelho. The program was well compered by our Alumni Mr Clyde Tellis. More than 150 members donated blood which commenced a 9:00 am and concluded at 5:00 pm.



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JAGRUTI - PREVENTION OF SEXUAL HARASSMENT COMMITTEE
ST JOSEPH ENGINEERING COLLEGE, MANGALURU-575028

Name of Programme : A Talk on "An Awareness Programme for Women on Breast Diseases"
Date & Time : 30-04-2018, 10:15AM
Target Audience : SJEC Female Staff and Students
Resource Person : Dr. Venkatesh Sanjeeva
MBBS, MS, FRCS(Edinburgh), FRCS(Glasgow)
Consultant Surgeon
Specialist: Gastro-Intestinal & Breast Surgery

Brief Report:

Diseases of the breast bring in a significant stress in women, especially when the diagnosis of the breast cancer is made. The impact of this disease threatens the body image, disturbances in the form of self-esteem, and sexuality. Hence there is a need to understand the disease for better quality of life. The magnitude of breast cancer problem is increasing in India. Recent study of breast cancer risk in India revealed that one in twenty eight women develop breast cancer during her life time. In rare cases even men become victims of breast cancer. This informative message came through at the half day interactive session conducted by Jagruti Committee, SJEC on An Awareness Programme for Women on Breast Diseases, held at Bishop Aloysius Conference Hall on 30th April 2018. On an average, around 20 female staffs and 80 students from Engineering, Master of Computer Applications and Master of Business Administration disciplines, have attended the session.

The Programme started at 10:15AM. Ms Manjula K, Asst. Professor, Department of Business Administration gave an Introduction about the speaker to the audience. Ms Gayana M N , welcomed the speaker with a bouquet. The session was then engaged by the speaker till 12:15PM. Dr. Venkatesh Sanjeeva was felicitated with a college memento as a token of appreciation at the end of the programme.

JAGRUTI - PREVENTION OF SEXUAL HARASSMENT COMMITTEE
ST JOSEPH ENGINEERING COLLEGE, MANGALURU-575028

Diseases of the breast bring in a significant stress in women, especially when the diagnosis of the breast cancer is made. The impact of this disease threatens the body image, disturbances in the form of self-esteem, and sexuality. Hence there is a need to understand the disease for better quality of life. The magnitude of breast cancer problem is increasing in India. Recent study of breast cancer risk in India revealed that one in twenty eight women develop breast cancer during her life time. In rare cases even men become victims of breast cancer. This informative message came through at the half day interactive session conducted by Jagruthi Committee, SJEC on An Awareness Programme for Women on Breast Diseases, held at Bishop Aloysius Conference Hall on 30th April 2018. On an average, around 25 female staffs and 75 students from Engineering, Master of Computer Applications and Master of Business Administration disciplines, have attended the session.

The Programme started at 10:15 AM. Ms Manjula K, Asst. Professor, Department of Business Administration gave an Introduction about the speaker to the audience. Ms Gayana M N , welcomed the speaker with a bouquet. The session was then taken over by the speaker. The speaker covered the following topics in his talk:

Breast Diseases: The speaker spoke about what is Breast cancer. He said that, it starts when cells in the breast begin to divide and grow in an abnormal way. Breast cancer invades locally and spreads through regional lymph nodes, blood stream or both. Finally, it affects lungs, liver, bone and brain.

Causes/Risk factors: Doctor described the causes and risk factors of breast cancer. He said about the importance of Female sex hormones and the effect of change in these hormones. He said that it is difficult to pinpoint the exact cause of breast cancer, but certainly should consider some risk factors.

The speaker described the clinical features of Breast cancer and said that it can occur at any age. Adding to this he said that Painless lump in the breast is the commonest symptom of breast cancer. Since these lumps are painless, most of the women neglect it as a result these lumps and spread to the other parts of the body.

Doctor gave an information on how diagnosis can be done in such cases, Either by Examining the patient or by Radiological investigations such as mammogram and ultrasound or through Biopsy. The speaker gave an awareness on the importance of Self-examination of breast. He said that Breast self-examination is the key to early detection of breast cancer. If it is detected earlier, cancer can be cured with the modern treatment.

Doctor also gave an exposure to some of the Non-cancerous breast diseases such as Fibroadenoma, Breast pain, Nipple discharge and Breast abscess.

The speaker concluded his speech with the following Key points: Breast cancer is the second common cancer in Indian women and magnitude of the problem is increasing in India that too among younger women. By self examination of the breast, cancer can be detected in early stages and can get cured by modern treatment. If a woman notices any change/problem in the breast, without any hesitation should contact a breast specialist. Any lump in the breast need not be a cancer. Never wait and worry, always take the opinion of a breast specialist.

The forum was then kept open for Questions & Answer session. Finally the session got over by 12:15PM. Dr.Venkatesh Sanjeeva was felicitated with a college memento as a token of appreciation.



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**JAGRUTI - PREVENTION OF SEXUAL ASSAULT COMMITTEE
ST JOSEPH ENGINEERING COLLEGE, MANGALURU-575028**


Name of Programme : An International Campaign against Gender Based Violence

Date & Time : December 3, 2018 from 8:45AM to 3:00 PM.

Resource Person : Ms. Leoni and Ms. Sofia, Social Activists from Germany

Brief Report:

Gender violence, is the term used to denote harm inflicted upon individuals and groups that is connected to normative understandings of their gender. Some national studies show that up to 70 percent of women have experienced physical and/or sexual violence from an intimate partner in their life time. In order to bring awareness on gender based violence and to say "NO" to gender violence, Jagruthi Cell of St Joseph Engineering College had organized a session on Campaigning against gender based violence on December 3, 2018 at the entrance of academic block 3. This Campaign was the part of International Campaign of UN against gender based violence. Many staff and students of SJEC had participated in the event and showed their support for the campaign.



Ms Jennifer C Saldanha

Coordinator-Jagruti

SJEC, Mangaluru



St Joseph Engineering College, Mangaluru-575028
Jagruthi-Prevention of Sexual Assault Committee

Attendance of the session on importance of grooming and confidence called as "Rexona Confidence Academy" female students and staff of SJEC on Monday, November 12, 2018 at 4.00pm.

Venue: Spoorthi Conference Hall, 7th floor. AB-III

Branch & Year: **ENCI** yr

Section : B

Sl. No	Name	Signature
1	Poorva Vinod Naik	<i>Poorva</i>
2	Pragathi A	<i>Pragathi</i>
3	Prapthi M V	<i>Prapthi</i>
4	Pratheeksha Basrithaya	<i>Pratheeksha Basrithaya</i>
5	Prathibha M P	<i>Prathibha</i>
6	R Hima	<i>R Hima</i>
7	Raksha D D	<i>Raksha</i>
8	Raksha P.	<i>Raksha P.</i>
9	Sahana P H	<i>Sahana</i>
10	Sahana U T	<i>Sahana</i>
11	Sanidhya H K	<i>Sanidhya</i>
12	Sharanya M S	
13	Sharon Frank	
14	Shifani D'Souza	<i>Shifani</i>
15	Shilpa Shetty	<i>Shilpa</i>
16	Shivya G	<i>Shivya</i>
17	Shravya V	<i>Shravya V</i>
18	Soujanya	<i>Soujanya</i>
19	Soumya	<i>Soumya</i>
20	Shivya G	
21	Shravya V	
22	Tejashree	<i>Tejashree</i>
23	Vindhya K	<i>Vindhya</i>
24	Vinutha J.Y.	<i>Vinutha</i>
25	Sukthi Sulaya J.	<i>Sukthi</i>
26	Tejashree	
27	Vindhya K	

Ms Smitha Maria D'Souza
Ms Smitha Maria D'Souza
Dept Coordinator

Ms Jennifer C Saldanha
Ms Jennifer C Saldanha
Chief Coordinator



St Joseph Engineering College, Mangaluru-575028
Jagruthi-Prevention of Sexual Assault Committee

Attendance of the session on importance of grooming and confidence called as "Rexona Confidence Academy" female students and staff of SJEC on Monday, November 12, 2018 at 4.00pm.
Venue: Spoorthi Conference Hall, 7th floor, AB-III

Branch & Year: E&E- I yr

Section : D

Sl. No	Name	Signature
1	Adriana Swetel DSouza	
2	Amruta Nagappa Gali	—
3	Anjusha C L	
4	Dhanyashree H K	
5	Jyoti Yalawar	—
6	Maria Steffi Nazareth	
7	Monisha B G	
8	Jyoti Yalawar	—
9	Sinchana R-	—
10	Thripathi D K	
11	Varshitha S	
12	Vival Marina D'Souza	
13	Sinchana R	
14		
15		
16		

Ms Smitha-Maria D'Souza
Dept Coordinator

Ms Jennifer C Saldanha
Chief Coordinator



St Joseph Engineering College, Mangaluru-575028
Jagruthi-Prevention of Sexual Assault Committee

Attendance of the session on importance of grooming and confidence called as "Rexona Confidence Academy" female students and staff of SJEC on Monday, November 12, 2018 at 4.00pm.
Venue: Spoorthi Conference Hall, 7th floor, AB-III

Branch & Year: Civil yr

Section : C

Sl. No	Name	Signature
1	Aksa Mathew	
2	Anoushka Pereira	<i>Anoushka</i>
3	Anusha S Hegde	<i>[Signature]</i>
4	Apeksha Alva	<i>[Signature]</i>
5	Ayisha	
6	Chaitra S R	
7	Deeksha Anchan	<i>Deeksha Anchan</i>
8	Dhanya Mohandas Naik	
9	K Vaishnavi Gowda	
10	Krithika S B	
11	Lizina Stephany Crasto	<i>[Signature]</i>
12	Manasa R	
13	Meghashree	
14	Lizina Stephany Crasto	<i>[Signature]</i>
15	Rachana N C	
16	Sahana N Naik	
17	Sumalatha	
18	Tanvi J. Kotekar	
19	Varshitha	
20	Rachana N C	

Ms Smitha Maria D'Souza
Dept Coordinator

Ms Jennifer C Saldanha
Chief Coordinator



St Joseph Engineering College, Mangaluru-575028
Jagruthi-Prevention of Sexual Assault Committee

Name of the Programme: **Rexona Confidence Academy**

Time: 4.00pm to 5.00pm

Date: November 12, 2018

Venue: Spoorthi Hall , AB-III, 7th floor

Resource Person: Ms Nisha & Mr Vaibhav, Event Coordinators, Hindustan Unilever Limited

Audience: Female Staff and Students of SJEC

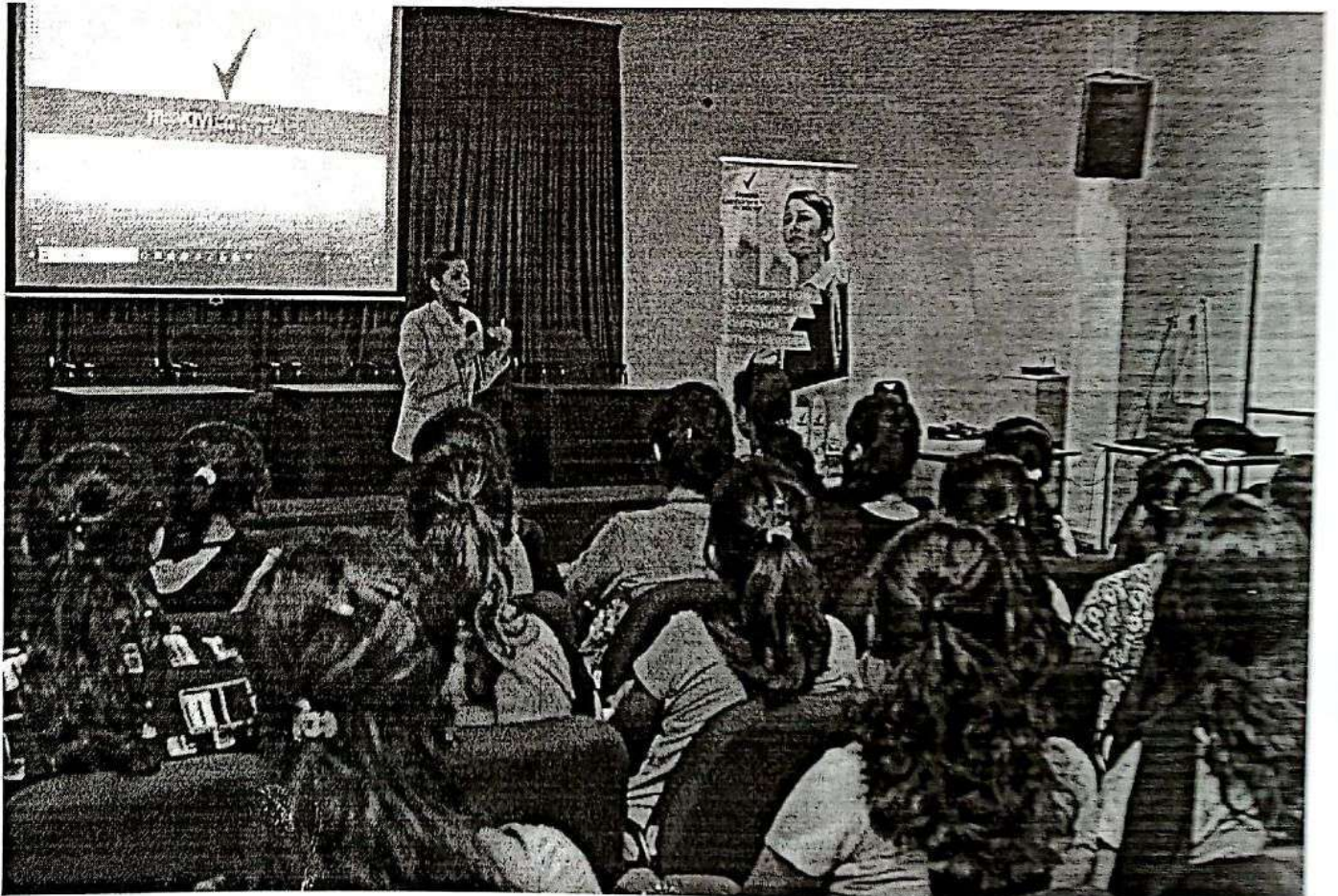
Report:

“Jagruthi-prevention of sexual assault committee of SJEC organized **Rexona Confidence Academy** –A session on teaching the importance of Grooming and Confidence, for the female students of SJEC on November 12, 2018 from 4.00 to 5.00pm in the Spoorthi Hall, AB-III, 7th floor. The coordinator Ms Jennifer Saldanha introduced the resource persons to the gathering. The main focus of this session is to train young girls to crack their interviews and to face challenges of the corporate world. The session included demonstration of short documentaries which will help them in understanding the importance of Personality Development & Grooming and the confidence required to face the interviews. At the end of the session the resource persons were honored with the memento and letter of appreciation. As a complementary gesture Rexona Deodorants were distributed to participants by the resource persons. The session was appreciated by all the female students of SJEC.

Report submitted by

Ms Jennifer C Saldanha

Coordinator-Jagruthi





St Joseph Engineering College, Mangaluru-575028
Jagruti-Prevention of Sexual Assault Committee

Name of the Programme: Talk on "Gender Sensitization & Anti-Sexual Harassment"

Time: 12.00pm to 1.00pm

Date: April 4, 2019

Venue: Prerana Hall , AB-III, I floor

Resource Person: Dr Lavina Noronha, Director, Ave Maria Palliative Care, Vamanjoor

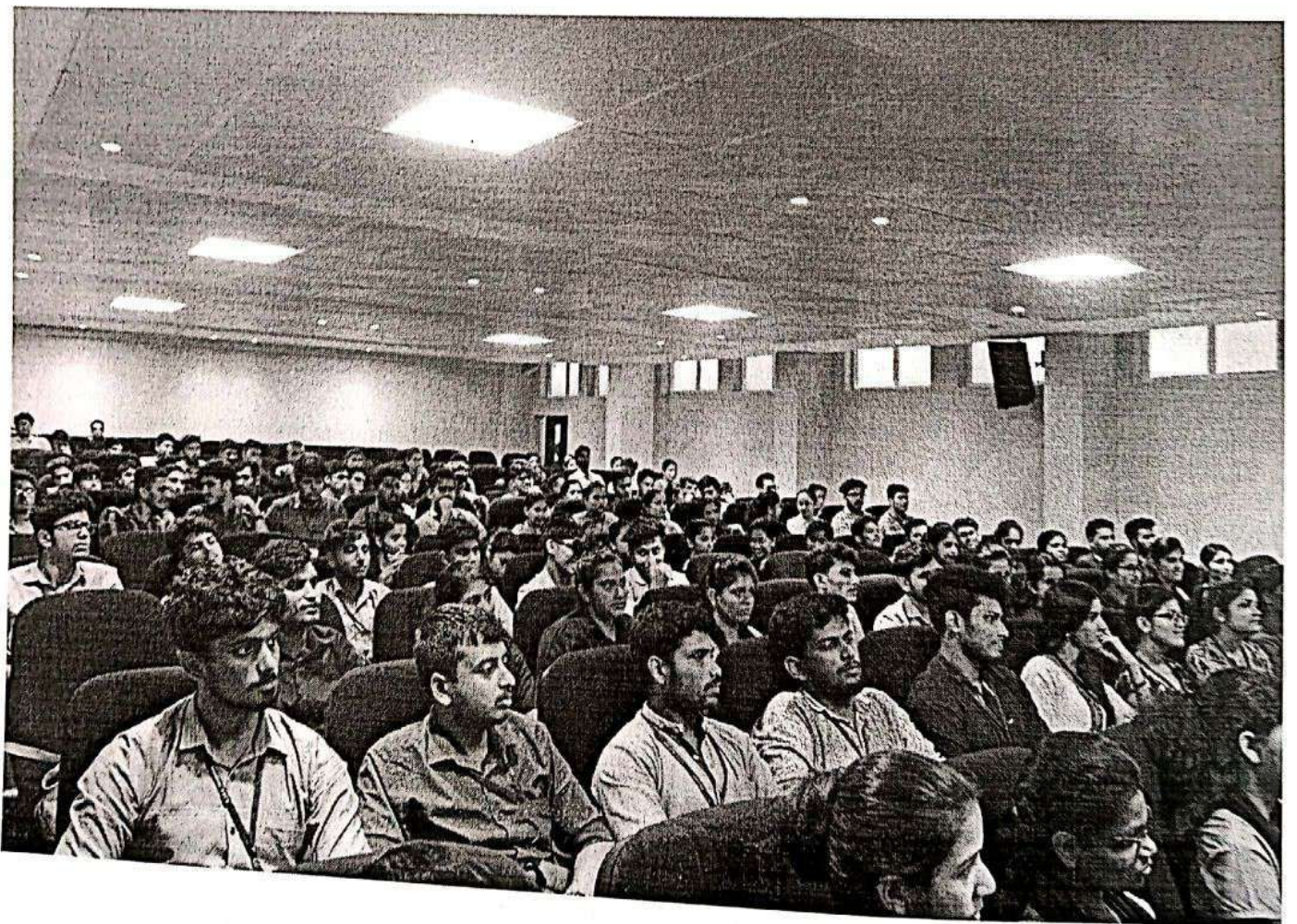
Audience: Staff and Students of SJEC

Report:

Women's Day is celebrated on March 8 worldwide, in this regard "Jagruti-prevention of sexual assault committee of SJEC organized a talk on "Gender Sensitization & Anti-Sexual Harassment" on April 4, 2019 at 12.00pm to 1.00pm in Prerana Hall , AB-III, I floor. In the session, speaker highlighted on following points: A situation or an act that makes a person uncomfortable/forces a person to do something unusual that greatly impacts his/her physical or mental health is harassment. Harassment comprises of not just the physical harassment. If a person's thoughts and actions impact someone else, and embarrasses them, the action is termed as Harassment. This act is found to be seen in several fields including workplaces, Institutions, public areas, public transport, and many more. At workplaces a boss could be harassing his/her employees. At an Institution, higher authorities could be harassing their subordinates or students could be a victim of harassment by the facilitators. Prevention of harassment is the need of the hour. Though harassment is found among both the genders, women are the major victims. Women should be aware of the laws passed against this act and also have knowledge regarding the provisions made. It is mandatory to have organizations in college that take care of the preventing harassment towards women. Awareness should be spread among women regarding their rights. As individuals it is our duty to report to the concerned authorities if subjected to any such harassment. It is also required that we raise our voices for those innocent people who are subjected to it, so that justice is made right. At the end of the session the resource person was honored with the memento and letter of appreciation. The session was appreciated by all the female students of SJEC.

Ms Jennifer C Saldanha

Coordinator-Jagruti





St Joseph Engineering College, Mangaluru-575028
Jagruthi-Prevention of Sexual Assault Committee

Attendance of the session on self defence "SWARAKSHA FOR WOMEN" by Mr. Karthik S Kateel Martial Arts Champion for all female students and staff of SJEC on Thursday, September 20, 2018 at 3.15pm.

Venue: Kalam Auditorium, 5th floor, AB-II

Dept: CSE/III/B

Sl. No	USN	Name	Signature
01	45017CS076	Deevi Ayanoo	
02	45017CS074	Panchami Nayak	
03	45017CS081	Rachel Mendonsa	
04	45017CS111	Isreesa maria Antony	
05	45017CS109	Tara V	
06		D.R. Radhanya	
07		Divyashree V	
08	45017CS100	Shethal R.	
09	45017CS088	Rovina R Souza	
10	45017CS108	SWEEDOL ASHICA PEREIRA	
11	45017CS071	NAVYASHREE	
12	45017CS104	SONAL RIYANA DSOUZA	
13	45017CS105	SREEDEVI SREEKUMAR	
14	-	ANUMITA PEREIRA	
15	-	Winslet Walter Dcunha	
16	-	Sowmya S	
17	-	Deepthi	
18	-	Prashnitha	
19	-	Kavanasom	
20	-	Karthik K	
21	-	Kavanasom	
21	45017CS114	Vinaya Shetty	
22	45017CS091	Saloni Fernandes	
23	45017CS094	SHANAHAVI	
24	45017CS096	SHARNILA	
25	45017CS075	PAVANA	
26	-	DEEKSHA	
27	45017CS097	Shareel castelino	
28	45017CS086	Rishel Venika De Souza	
29	45017CS078	Bramitha	
30	45017CS077	Pooja K.S	
31	45017CS080	Prateeksha Rai	
32	45017CS072	Nikitha	
33	45017CS073	Nishmitha	
34	45017CS084	Renisha	
35	45017CS099	Shetal	
36	45017CS113	Vanessa	
37	45017CS119	Zohra	

SJEC comes together to support Human Chain mission of SVEEP

Apr 7, 2019 - Apr 7, 2019 @ 3:30 PM

The Systematic Voters' Education and Electoral Participation (SVEEP) Division of DK district organized an electoral awareness Human Chain from Talapady beach to Sasihitlu beach on 7th April 2019. Student members of Electoral Literacy Club (ELC), AICUF, NSS and many students from St Joseph Engineering College (SJEC), Mangaluru, participated in this event.

Mr Sudheer, Panchayath Development Officer (PDO) of Neermarga, was assigned the responsibility of leading SJEC students in Chitrapura-Hosabettu cross beach which was the location assigned to SJEC by SVEEP Division. The programme began with Mr Sudheer addressing the students on importance of voting in the democracy. He insisted the students to bring awareness about voting among the common people in their native places and surroundings. He also led the students to take voters pledge. Around 200 students participated in the event as SJEC showed its solidarity in supporting the efforts of district administration in spreading the electoral awareness. Dr Rio D'Souza, Principal of SJEC, Dr Sudheer M, Dean-Student Welfare of SJEC, Dr Prakash Pinto, Dr Vincent Crasta, Dr Ramananda HS, Mr Sathyenda Bhat and Mr Vinoothan Kaliveer from SJEC were present and participated in the event.



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Talk on “Gender Sensitization & Anti-Sexual Harassment”

Apr 4, 2019 - Apr 4, 2019 @ 12:00 PM

Women’s Day is celebrated on March 8 worldwide, in this regard “Jagruti-prevention of sexual assault committee of SJEC organized a talk on “Gender Sensitization & Anti-Sexual Harassment” on April 4, 2019 at 12.00pm to 1.00pm in Prerana Hall, AB-III, I floor. In the session, speaker highlighted on following points: A situation or an act that makes a person uncomfortable/forces a person to do something unusual that greatly impacts his/her physical or mental health is harassment. Harassment comprises of not just the physical harassment. If a person’s thoughts and actions impact someone else, and embarrasses them, the action is termed as Harassment. This act is found to be seen in several fields including workplaces, Institutions, public areas, public transport, and many more. At workplaces a boss could be harassing his/her employees. At an Institution, higher authorities could be harassing their subordinates or students could be a victim of harassment by the facilitators. Prevention of harassment is the need of the hour. Though harassment is found among both the genders, women are the major victims. Women should be aware of the laws passed against this act and also have knowledge regarding the provisions made. It is mandatory to have organizations in college that take care of the preventing harassment towards women. Awareness should be spread among women regarding their rights. As individuals it is our duty to report to the concerned authorities if subjected to any such harassment. It is also required that we raise our voices for those innocent people who are subjected to it, so that justice is made right. At the end of the session the resource person was honored with the memento and letter of appreciation. The session was appreciated by all the female students of SJEC.

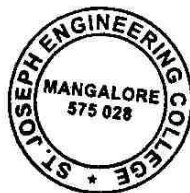


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Civil: Seminar on “Environmental Impact of Plastic”

Feb 23, 2019 - Feb 23, 2019 @ 9:00 AM

A seminar on “Environmental Impact of Plastic” was organized at Vidya Jyothi High School, Vamanjoor on 23rd February 2019 by the Department of Civil Engineering, SJEC, Mangaluru under the guidance of Mr. Prashant Kurdekar, Assistant Professor, a team of final year Civil Engineering student consisting Mahima Rao, Kavya, Caliba, Yakshith, Deekshith, Adithya Rao, Adithya S, Ankith, Prashanth, Anoop and Harikiran presented the presentation to the school students. The seminar aimed at providing knowledge about the plastic and spread awareness on plastic pollution, plastic management, prevention and control of plastic pollution among the young minds. The students appreciated the presentation and actively interacted to gain more information on plastic.

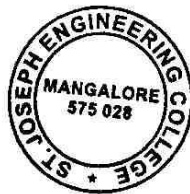


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Outreach Programme on Intellectual Property Awareness at Shubhodaya Vidyalaya, Mudushedde

Feb 21, 2019 - Feb 21, 2019 @ 2:00 PM

St Joseph Engineering College, Mangaluru in association with Karnataka State Council for Science and Technology, (KSCST), IISC Campus, Bengaluru, Cell for IPR Promotion and Management (CIPAM) and Department of Industrial Policy & Promotion, Ministry of Commerce & Industry, Govt of India organized an Outreach Programme on Intellectual Property Awareness at Shubhodaya Vidyalaya, Mudushedde on 21st February, 2019.



Jagruthi: An International Campaign against Gender Based Violence

Dec 3, 2018 - Dec 3, 2018 @ 9:00 AM

Gender violence, is the term used to denote harm inflicted upon individuals and groups that is connected to normative understandings of their gender. Some national studies show that up to 70 percent of women have experienced physical and/or sexual violence from an intimate partner in their lifetime. In order to bring awareness on gender-based violence and to say “NO” to gender violence, Jagruthi Cell of St Joseph Engineering College had organized a session on Campaigning against gender-based violence on December 3, 2018 at the entrance of Academic Block 3, SJEC. This Campaign was the part of International Campaign of UN against gender-based violence. Many staff and students of SJEC had participated in the event and showed their support for the campaign.



A handwritten signature in black ink, consisting of a stylized initial 'P' followed by a long, sweeping horizontal line that tapers to the right.

Jagruthi: SWARAKSHA FOR WOMEN

Sep 20, 2018 - Sep 20, 2018 @ 3:15 PM

In the present day context women's safety is of great concern. Hence all women should be aware of self defence techniques. To enlighten on this subject "Jagruthi-prevention of sexual assault committee of SJEC organized Swaraksha for Women- A self defence programme for the female students of SJEC on September 20, 2018 from 3.15pm to 5.00pm in the Kalam Auditorium. Martial Arts Champion Mr Karthik S Kateel was the resource person of the programme. Ms Sharvya, student of final year B.E-ECE introduced the guest to the gathering. Director SJEC, Rev Fr Wilfred Prakash D'Souza florally welcomed the guest Mr Karthik S Kateel and his mother Mrs Shobhalatha. In his session he mentioned about difference between good touch and bad touch, women psychology, consequences of uploading the photos on social networking sites etc. He taught some self defence techniques to prevent the advances of opponent when one finds themselves in danger. At the end of the session the resource person was honoured with the memento and letter of appreciation. The session was appreciated by all the female students of SJEC.

